

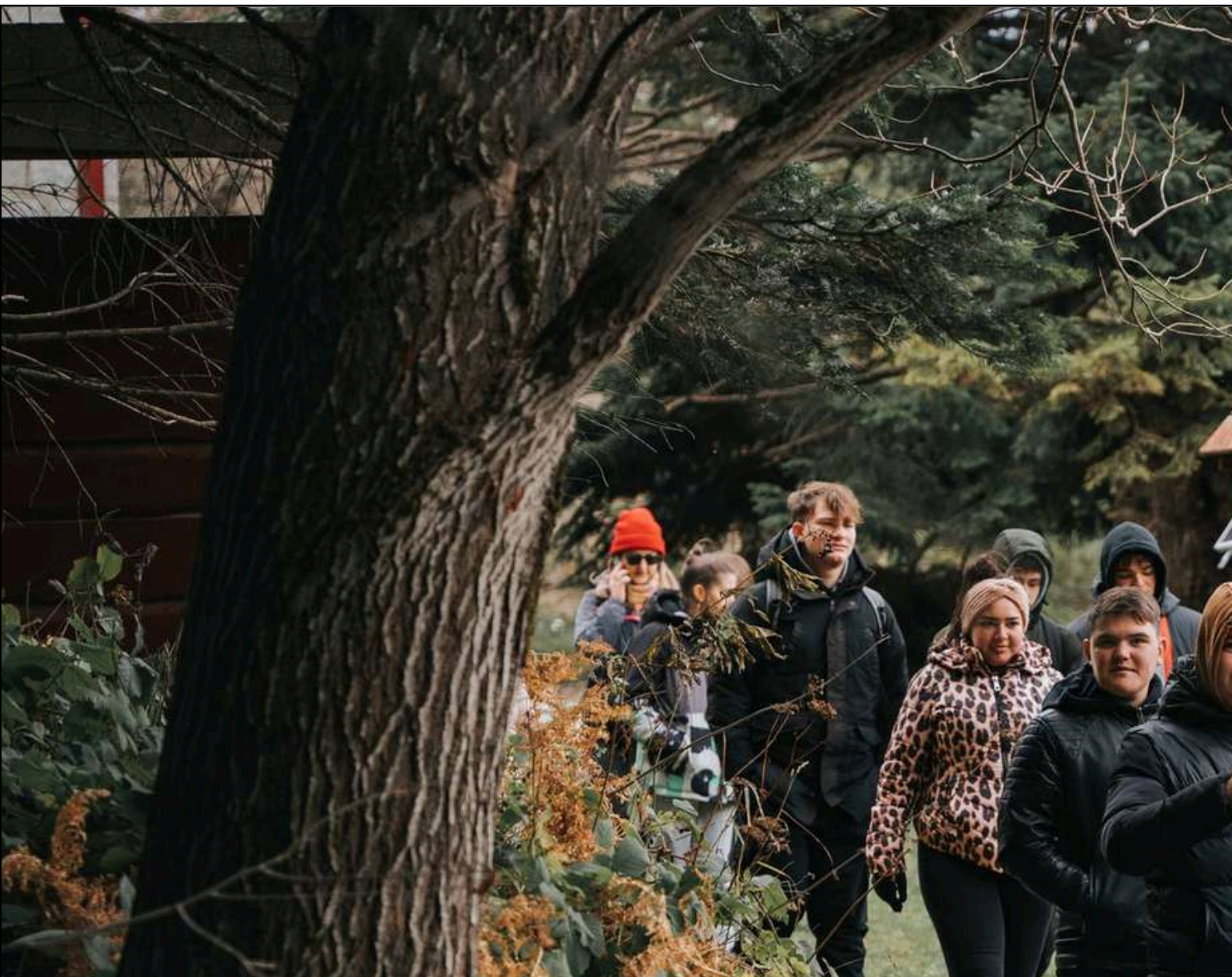


SFERA
INTERNATIONAL

ANNUAL REPORT

SFERA INTERNATIONAL

2024



OUR MOTTO

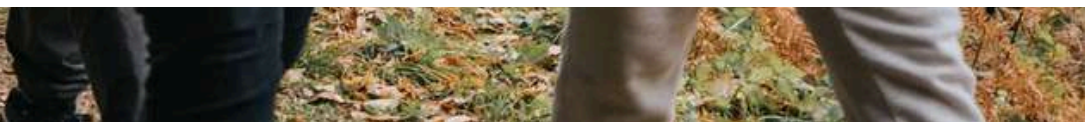
BE THE **CHANGE** YOU WANT
TO SEE IN THE WORLD

~ GANDHI



Table of Contents

About Us	04
Donors and Supporters	08
Membership, Coalitions and Networks	09
Structure and Management	10
Local Activities	14
Local projects	33
Erasmus Plus K1 projects	42
Erasmus Plus K2	63
ESC European Solidarity Corps	71
Internships	85
Annual Budget	86
Contact Us	87





ABOUT US

The Association for Sustainable Development SFERA International – Bitola (in continuation: SFERA International) focuses on youth and all citizens of the municipality of Bitola to achieve its main goals, activities, and actions in accordance with our mission. We want to raise awareness and educate local communities, using non-formal education methods, about environment protection, cultural and natural heritage, healthy lifestyle, long-term sustainable youth development, and youth active participation through volunteerism in North Macedonia. SFERA International, as an association, will achieve its goals with coordination and regulations determined by the Constitution of the Republic of North Macedonia, as well as other legal norms which regulate this area. A member of the Association can be any citizen, in coordination with the Statute of the association. Membership in the association is voluntary, and can be achieved by accepting the Statute of the association, the goals of the association, and signing an application. The organisation has more than 600 members with profiles ranging from high-school students to professionals. We first started working with the program "Youth in Action" because of the common project topics such as environment and sport, art and culture, national heritage, health, etc. Currently, we work with the Erasmus+ program to achieve our goals on an international level in order to create a bigger youth impact.

OUR MISSION

The organisation's mission is to raise awareness and to educate communities throughout North Macedonia through non-formal education methods on a variety of topics including environmental protection, cultural awareness, healthy lifestyle, youth development, sport, art, and active participation through volunteerism in North Macedonia and Europe.

OUR VISION

SFERA International's vision is to become one of the largest internationally focused NGOs in North Macedonia. We want to provide the citizens of North Macedonia with the opportunity to train in youth work, harness skills that will make them well-rounded citizens, and the opportunity to learn more about Europe as a whole and the EU.



GOALS & OBJECTIVES

- Protection of the environment, cultural and natural heritage.
- Promoting sustainable development and the usage of alternative sources of energy.
- Promoting healthy lifestyle – sport, healthy diet.
- Development of professional and leadership skills among young people.
- Education of youngsters in the field of crisis management (floods, earthquakes, fires, erosion and other natural disasters).
- Promoting non-formal education and encouraging the creation of systems to support young on local, national and international level.
- Promoting youth activism and active citizenship among young people and informing youth about all the opportunities they have.
- Raising the awareness of equality, tolerance, democracy and the introduction of human rights to the youngsters.
- Support and facilitate the process of Europeanization of the country.
- Providing primary free legal aid to citizens from vulnerable categories.



VALUES & COMPETENCES

- Environmental Responsibility
- Ecology and Recycling
- Sustainable Development
- Healthy Lifestyle
- Human and Youth Rights
- Volunteering
- Tolerance
- Intercultural Dialogue
- Democracy
- Youth Empowerment
- Active Citizenship



OUR HISTORY

2007

SFERA International – Bitola was first established as an informal group in 2007.

2009

However, in July 2009, it was officially registered as an NGO in North Macedonia. The general goal of SFERA International – Bitola is through non-formal methods to educate the population in North Macedonia about the protection of the environment, cultural and natural heritage, youth empowerment, and to raise the awareness of all age groups about the importance of a healthy lifestyle and its benefits.

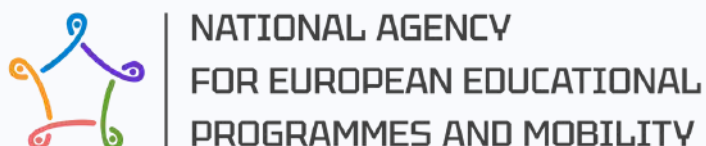
2015

In March 2015, the organization changed its Statute to focus on youth sustainability development, and youth empowerment, based on its values and competencies.

SFERA has worked on projects focusing on:

- Developing leadership skills and democracy among youth
- Encouraging youth to get active in their community and take care of their country
- Organizing training's, workshops, and camps on a national and international level
- Networking with national and international organizations and networks.

DONORS & SUPPORTERS



MEMBERSHIP, COALITION & NETWORK

NATIONAL NETWORKS



National Youth Council
of Macedonia



INTERNATIONAL NETWORKS



STRUCTURE & MANAGEMENT

Every year, SFERA International holds a general assembly where the board changes and brings in the yearly program of projects planned for the next year. The structure of the organization does not change often as we have facilitated and developed a strong and experienced team. The human resources of SFERA organization consist of staff and volunteers that help bring SFERA, as an NGO organization, to be more active in local and international projects. All people involved in the organization have the skills and expertise needed to be involved in future activities, and youth work in the community. The organization consists of decision-makers who focus on development, youth, and local, national, and international initiatives. Below are some of the key members of the organization who focus on the organization's engagement, programs, and development.

Milcho Duli is the President and one of the founders of the NGO Sfera. He has more than 15 years of experience in the youth work sector and has been working hands-on with the youth organization since its beginning. He has a Master's Degree in Economy; however, youth work, social development, and project management are his passion. He has been active in many local and international activities organized by SFERA INTERNATIONAL which have a big impact on a local and national level of dissemination, especially in the field of education focusing on youngsters to develop skills and competencies. On an international level, he has participated in a great number of Erasmus + projects (and Youth in Action projects) as a participant and trainer in more than 15 Training courses in different countries in Europe. Milcho has a very wide experience, especially in the areas of non-formal and informal education, leadership, democracy, human rights, entrepreneurship, and employability as his primary learning. He brought the non-governmental organization to the next level of achievement in all sectors.



Mende Sekulovski is the Vice President of SFERA International and an active youth worker in the organization with 6 years of volunteering experience with the NGO and 8 year of working experience. He has participated in over 50 Youth Exchanges and Training Courses. He is always motivated to work with the youths to share and learn new non-formal methods and techniques. The experience that he has had during the last 8 years on working with youth projects has made him a skilled project writer and coordinator. He is an expert about Erasmus + programme and ESC regarding the promotion of youths, democracy, inclusion and self-development. He holds a Bachelor of law and Masters Degree of Criminal Law.



Katerina Popovska is a project manager, youth worker, and the general secretary of SFERA International. She has been actively working with youth for about 10 years; however, she has been volunteering with the SFERA organization for over 16 years. She has previous experience in working with local youth to promote and empower leadership, democracy, and self-development. On an international level, she has successfully implemented a large number of youth exchanges and training courses and has participated in many trainings and seminars to develop her skills in working with youth. Throughout the years with the organization, she's gained project management and leadership skills that make her one of the most active youth workers in Sfera. In 2021, she finished a course for youth workers and is among the first nationally certified youth workers in the country. Katerina holds a Bachelor in Financial Management, and is currently working on her Master's thesis on the topic "Social responsibility of companies in North Macedonia and the connection with profit



Evgenija Geramitchioska has been a dedicated Project Assistant at SFERA International since 2021. Her involvement with SFERA began earlier, first as a local volunteer and later as an international volunteer. She was introduced to non-formal education and the non-governmental sector at the age of 18, and from that moment, she developed a deep passion for youth engagement and non-formal learning.

Over the years, Evgenija has participated in more than 30 youth exchanges and numerous training courses, gaining valuable experience and reinforcing her commitment to working with young people on essential topics such as human rights and environmental protection. Her dedication to the organization eventually led her to take on the role of Volunteer Coordinator alongside her position as Project Assistant. She holds a Bachelor's degree in International Law and Law of the European Union and has completed the Human Rights Academy. Evgenija also has a strong passion for languages, which complements her enthusiasm for learning and cultural exchange. Her journey from volunteer to key team member reflects her unwavering dedication to the non-governmental sector and her commitment to empowering youth.

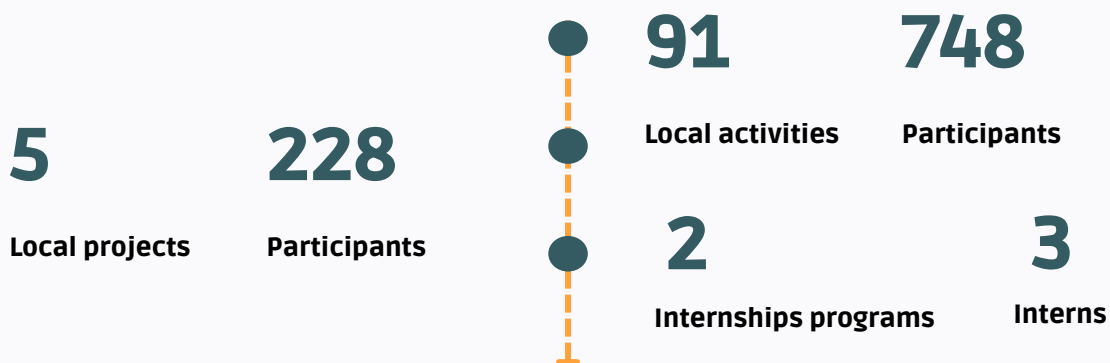


Martin Mojanovski is a project assistant in SFERA International. He work actively in this field for about two years. He has participated in many seminars, training and YE and develop communication and soft skill. He has also established workshops and trainings on topics from his field, such as power and water saving. He graduated from the Faculty of Informatics and Communication Technologies with a major in computer science. His daily tasks include research on relevant and ongoing projects, as well as managing the youth hub "MladiHub" in Bitola.. Mladihub is place were organisations and youth can book and organize activities,workshops meeting etc.

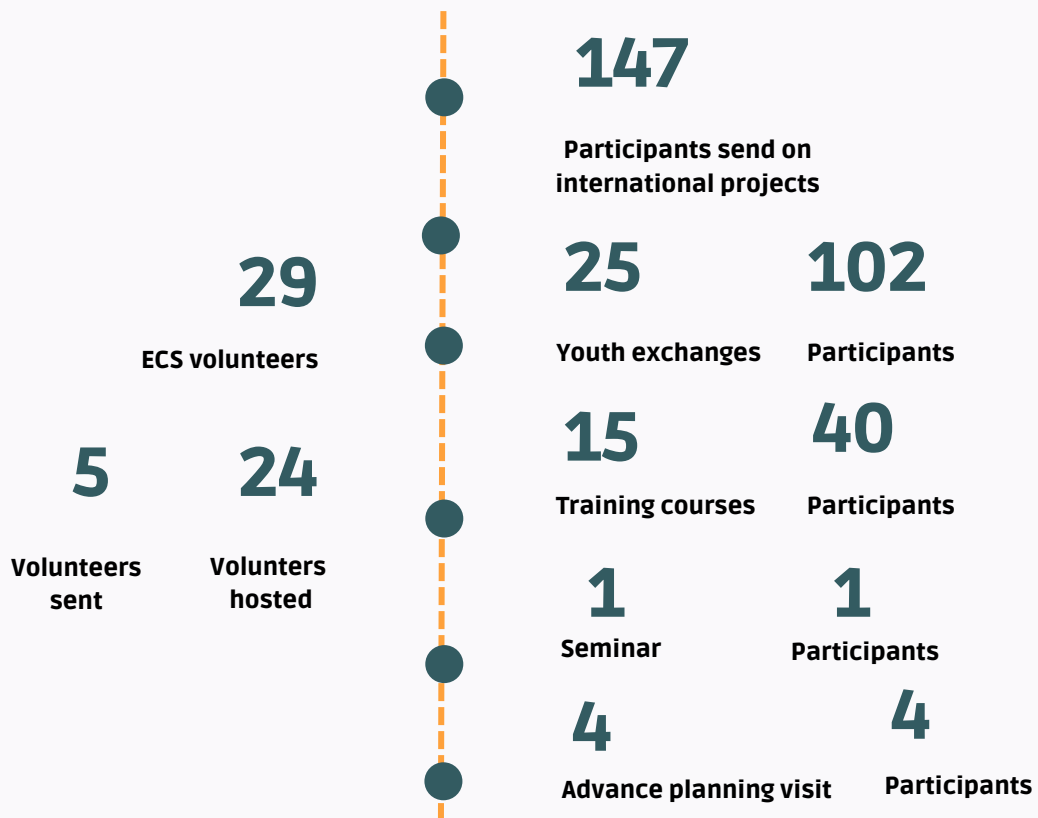


OUR YEAR IN NUMBERS

LOCAL



INTERNATIONAL



LOCAL ACTIVITIES





THE BOARD GAMES NIGHT

11.01. 2024, Youth Centre Bitola

The Board Games Night on January 11, 2024, brought together young people from Bitola and the Youth Center team for an evening of fun and friendly competition. Participants enjoyed a variety of games, from lighthearted fun to strategy challenges, in a lively and welcoming atmosphere.

The night was filled with laughter, cheers, and memorable moments of teamwork. It ended on a high note, with smiles all around and excitement for future game nights.

COFFEE AND CLIMATE CHAT

16.01.2024, Youth Centre Bitola

Our volunteer from Austria, Karo, hosted the Coffee and Climate Chat on January 16, 2024. She hosted a warm and inspiring afternoon at the Youth Centre, bringing people together to discuss pressing environmental issues. Over cups of coffee and tea, participants engaged in meaningful

conversations, exchanging ideas and exploring ways to create a more eco-friendly future for Bitola. The cozy atmosphere encouraged open dialogue, sparking awareness and motivation among everyone involved. It was a wonderful reminder of the power of conversation to inspire change and build a community united by shared goals.

GRAPHIC DESIGN COURSE

17.01.2024, Youth Centre Bitola
24.01.2024, Youth Centre Bitola
31.01.2024, Youth Centre Bitola

Led by ESC volunteer Joana from Portugal, the graphic design course at Youth Center Bitola introduced participants to Adobe Illustrator through hands-on exercises. The sessions focused on creativity, self-expression, and hometown pride, culminating in the creation of unique sticker designs. Throughout the course, participants gained valuable design skills in a supportive and inspiring environment. Joana's guidance and enthusiasm made the experience memorable, fostering artistic growth and confidence among attendees.



ART ATTACKS

23.01.2024, Youth Centre Bitola
07.08.2024, Youth Centre Bitola
06.11.2024, Youth Centre Bitola

SFERA International organized Art Attacks to foster creativity, community, and mental well-being through artistic expression. The first session focused on self-reflection through painting, where participants explored personal themes on canvas. In August, a paper quilling workshop led by Turkish volunteers introduced participants to the intricate art of "telkari," creating delicate floral motifs. The final session in November brought art lovers together for an acrylic painting evening, offering a fun and supportive space for creative expression. Each event provided a unique and inspiring artistic experience.

E-COMMERCE

25.01.2024, Youth Centre Bitola

SFERA hosted an engaging workshop on **e-commerce**, diving into the essentials of the digital marketplace.

Held on January 25, 2024, by our ESC volunteer Busra, the session began with an introduction to the fundamentals of

building a brand, followed by an engaging game that guided them through eight crucial steps in brand development. From defining the target audience to crafting a compelling brand story, the event provided valuable hands-on experience in applying branding principles.

COURTHOUSE WORKSHOP

30.01.2024, Youth Centre Bitola
06.02.2024, Youth Centre Bitola

Our ESC volunteers Maja and Petrina hosted two exciting courthouse workshops at the Youth Centre. The first session on January 30th began with informative videos on real-life legal cases, followed by participants examining court cases and debating the guilt of the accused. The second session on February 6th featured a video on a trending case, with participants analyzing their own cases and debating whether the accused had served enough time or if the court sentence was justified. Both events were educational and engaging, sparking lively discussions and diverse perspectives.

LEARN ABOUT AMAZON

01.02.2024, Youth Centre Bitola

01.02.2024, Youth Centre Bitola

Our "Learn About Amazon" event, hosted on February 1st by our Turkish volunteer Busra, provided participants with a comprehensive overview of Amazon, the leading online shopping and selling platform. The session guided participants step-by-step through the process of creating an account, supported by informative educational videos. We also discussed the costs involved in selling on Amazon, followed by an engaging question-and-answer session to address any queries.

INTERCULTURAL EVENING

02.02.2024, Youth Centre Bitola

05.04.2024, Youth Centre Bitola

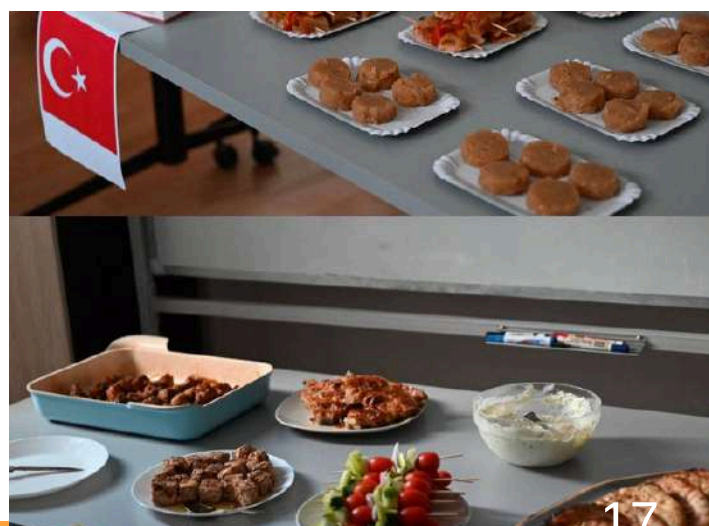
04.07.2024, Youth Centre Bitola

02.09.2024, Youth Centre Bitola

10.10.2024, Youth Centre Bitola

Our intercultural events hosted by SFERA volunteers were a series of unforgettable experiences, each offering a unique blend of cultural exchange, delicious food, and vibrant performances. The Turkish Culture Night on February 2nd featured a delightful spread of Turkish cuisine, traditional dance, and meaningful conversations about Turkish culture. On April 5th, we explored diverse cultures with a city tour around Leipzig, Dutch customs, and Turkish regional traditions, topped off with a culinary experience. On July 4th, we celebrated Turkish and Greek

with Turkish dance performances and Greek music adding to the lively atmosphere. The Turkish Cultural Day on September 2nd brought a rich variety of dishes like lahmacun and mücver, accompanied by music and traditional dances. On October 10th, another Turkish night showcased mouthwatering dishes like stuffed peppers, semolina halva, and crispy borek, with a fun Kahoot quiz and lively folk dancing. Each event was filled with great food, lively discussions, and a shared love for cultural exchange.





CLAY SCULPTING

07.02.2024, Youth Centre Bitola

26.08.2024, Youth Centre Bitola

On February 7th, our Turkish volunteers hosted a creative and enjoyable clay sculpture activity at the Youth Centre, where participants crafted everything from phoenixes to turtles and home décor items, showcasing their unique talents and perspectives. On August 26th, another clay sculpture workshop provided an equally creative and engaging experience. Participants shaped their imaginative ideas into beautiful pieces, fostering artistic expression and bringing joy to all involved. Both events highlighted the enthusiasm and skill of our participants, creating a vibrant atmosphere of creativity.

DIGITAL QUIZ NIGHT

08.02.2024, Youth Centre Bitola

Our volunteer Büşra hosted our Digital Quiz Night on the 8th of February, which was an engaging and interactive event. Participants had the chance to test their knowledge on e-commerce and Amazon through a quiz consisting of 25 thought-provoking questions.

As we worked through the quiz together, we discussed our mistakes and corrected them, deepening our understanding of the topics. It was a wonderful way to reinforce everything we had learned in a fun and collaborative setting.

KNOW YOUR RIGHTS.

12.02.2024, Youth Centre Bitola

SFERA, with their Macedonian ESC Volunteers, hosted the "Know Your Rights" quiz on February 12th, and it was a huge success! Our participants had the opportunity to test their knowledge about human rights through an interactive and engaging quiz. The atmosphere was filled with excitement as everyone took part, and a special congratulations went to our winners, who walked away with some fantastic prizes.

TURKISH LANGUAGE CLASSES

13.02.2024, Youth Centre Bitola

15.03.2024, Youth Centre Bitola

02.04.2024, Youth Centre Bitola

15.04.2024, Youth Centre Bitola

11.09.2024, Youth Centre Bitola

Our Turkish language classes, guided by our dedicated volunteers, provided engaging and enriching experiences for all participants. On February 13th, Merve and Zeliha introduced us to Turkish with simple topics, covering everyday conversations, numbers, and object names, all while adding fun through Turkish music. On March 15th, Halef led an insightful session, teaching Turkish sentence structures, numbers, and the alphabet, with interactive games to reinforce learning. On April 2nd, Halef returned to guide participants through self-introductions, expressing feelings, and counting from 1 to 100. Another session on April 15th focused on essential vocabulary related to daily life, including colors, animals, fruits, and vegetables, enhanced by fun games. Lastly, on September 11th, a Turkish language class offered participants the chance to immerse themselves in the language and culture, with interactive lessons, lively discussions, and cultural insights, creating a supportive and engaging learning environment.





MUSIC CLUB

02.02.2024,	15.02.2024,	29.02.2024,
14.03.2024,	28.03.2024,	11.04.2024,
16.05.2024,	30.05.2024,	13.06.2024,
27.06.2024,	05.09.2024,	19.09.2024,
03.10.2024,	14.11.2024,	12.12.2024

Music Club was started in February and is hosted by our Peace Corps Volunteer Jack. This club was running consistently throughout the year and continues into 2025. For each club meeting we have, a different theme is chosen. We have hosted many different sessions with different types of themes. Some of our most popular music clubs included guitar lessons, national music nights, jam sessions, movie nights, dance sessions and many more different activities! At the start of the year, Sfera International launched a fundraiser to purchase a wide variety of different instruments. We were able to raise over 1.500 Euros and as a result, we purchased a total of 6 guitars, 2 sets of cajons, a keyboard, bongos and a ukulele. All of these instruments have seen great use during our music clubs, as well as for other non-related events. When music club was started, the main goal was to provide musical education and entertainment for the youth. Throughout the year, we have seen participants improve their musical skills, become engaged with different genres of music, and develop a sense of passion for such an important aspect of human existence. We will continue to host music clubs in 2025, and we hope to continue our musical adventures far into the future!

BOOST CIVIC ENGAGEMENT IN THE LOCAL COMMUNITY.

01.03.2024

Our dedicated Macedonian volunteers organized an event to boost civic engagement in the local community on the 1st of March. They distributed informational flyers to help young people understand how they can get involved and make a positive impact.

We distributed the flyers in the student's home, offering all the necessary information on how to initiate community involvement.

CREATE YOUR EUROPASS AND CV.

06.03.2024, Youth Centre Bitola

Our volunteer Büşra hosted an informative and valuable event on March 6th, focusing on helping participants create their Europass profiles and CVs. The session covered each step of CV creation in detail, starting with the basics of personal information. Participants were then guided through a practical session where they created their own Europass profiles and CVs step by step, gaining important skills for their future careers.

CREATE A LINKEDIN PROFILE.

13.03.2024, Youth Centre Bitola

Our volunteer Büşra on the 13th of March guided our participants on an informative journey, where they learned how to create a professional LinkedIn profile in 10 steps. We discussed key aspects to focus on when building a profile and had the opportunity to personalize it by adding a photo, background, headline, skills, and other elements to create an impressive presentation. Thank you to everyone who joined us for this valuable session!





ECO CLUB

19.03.2024, Youth Centre Bitola
01.04.2024, Youth Centre Bitola
16.04.2024, Youth Centre Bitola
13.05.2024, Youth Centre Bitola

Our Eco Club sessions, led by our dedicated volunteer Tippe, offered a series of engaging and educational experiences focused on environmental issues. On March 19th, participants took part in interactive games that sparked important conversations about sustainability, including a carbon dioxide comparison game and a board game highlighting actions we can take to combat climate change. The April 1st session delved into waste and recycling, where participants explored different types of waste, their environmental impact, and the fate of non-recyclable items. On April 16th, the focus shifted to environmental cleanup, with participants joining a trash-collecting expedition at the airplanes spot, making the area cleaner and more enjoyable for everyone. Lastly, on May 13th, the Eco Club hosted a dynamic scavenger hunt through

the city, raising awareness about environmental issues in a fun and competitive way, as participants raced to find specific items related to sustainability. Each session was filled with learning, collaboration, and a commitment to a more sustainable future.

CREATING AN UPWORK PROFILE

21.03.2024, Youth Centre Bitola

Our volunteer Büşra hosted the final session of our series on preparing CVs and creating profiles on online job platforms. During this event, we learned the step-by-step process of creating a professional profile on Upwork, a popular online job search platform that connects freelancers with clients. This workshop provided valuable insights to help our participants navigate the job market and take their first steps toward building a career.

TURKISH MUSIC CLUB

28.02.2024, Youth Centre Bitola

On February 28th, the Music Club at the Youth Centre in Bitola took attendees on an exciting journey through Turkey's diverse musical culture. Led by our volunteers Jack and Halef, the session highlighted a mix of traditional Turkish folk music and modern pop hits, offering a deep dive into the country's musical evolution. Halef's energy made each song come alive, and he even guided participants through traditional Turkish dance moves, making the experience both educational and fun. The event brought everyone together to explore the rhythms of Turkey while learning about its rich cultural heritage.

ACTING CLASS

01.04.2024, 17.04.2024, Youth Centre Bitola

Our acting classes, hosted by volunteers Mehmet and Tina, provided dynamic and fun experiences for participants eager to explore the world of theater. On April 1st, Mehmet led an exciting acting class at the Youth Center, featuring engaging activities to enhance acting skills and foster creativity. Participants had the chance to explore emotional expression and improvisation in a supportive and fun environment. On April 17th, the class took a delightful turn with a forbidden love story starring a cat! The session began with warm-up games, followed by incredible improvisation scenes, bringing unique characters and imaginative scenarios to life, filling the room with laughter. Both sessions were unforgettable, encouraging creativity and stepping out of comfort zones.

INTERVIEW SKILLS

03.04.2024, Youth Centre Bitola

Our volunteer Elcin hosted an insightful and practical workshop focused on improving interview skills on the 3rd of April. During the session, participants learned valuable techniques for preparing for interviews, handling potential challenges, and presenting themselves confidently. The workshop also included a personality test that provided participants with useful insights into their strengths and areas for development. It was an engaging and informative event that helped everyone feel more prepared for their next interview. We look forward to welcoming you to our future workshops.

ZUMBA CLASS

04.04.2024, Youth Centre Bitola

Under the energetic guidance of our volunteer Elçin, SFERA had an amazing Zumba session that got everyone moving and smiling! The class was filled with fun, laughter, and high energy as we danced to the rhythm and uplifted our spirits collectively. A big thank you to everyone who joined us—it was a fantastic time!



ART CLUB

08.04.2024, Youth Centre Bitola

07.05.2024, Youth Centre Bitola

27.05.2024, Youth Centre Bitola

18.07.2024, Youth Centre Bitola

Our Art Club sessions, led by our dedicated volunteers, offered a variety of creative experiences. On April 8th, Nele from Germany led her first session, where participants painted with acrylics, exchanging artworks every five minutes to spark collaboration and new ideas. On May 7th, another session took place in the city park, where participants created still-life compositions using everyday objects, experimenting with different perspectives and drawing styles in a vibrant outdoor setting. On May 27th, participants transformed old fashion magazines into impactful feminist collages, while enjoying new music and meaningful conversations. Finally, on July 18th, we hosted a peaceful and relaxing art class, accompanied by soothing music, offering participants a creative escape and therapeutic benefits for mental well-being. Each session provided an enriching and inspiring opportunity for artistic expression and connection.

CAREER FAIR AT FICT

12.04.2024

SFERA International participated in the Career Fair at the Faculty of Information and Communication Technologies in Bitola, where we had the opportunity to promote the organization and its activities, as well as our Youth Center! Our volunteers from Germany, the United States, and Turkey were pleased to present our current projects and paid internship programs to university students. We also had the pleasure of meeting the mayor of Bitola and discussing the needs of young people in our community. Overall, the event was a huge success. We enjoyed engaging in conversations with other attendees from various companies in the region, as well as with many students from FIKT who attended the career fair! We hope there will be future opportunities like this, and we express our sincere gratitude to the Faculty of Information and Communication Technologies in Bitola for the invitation.

KARAOKE NIGHT

18.04.2024, Youth Centre Bitola

31.10.2024, Youth Centre Bitola

29.12.2024, Kamarite Bitola

Our music-filled events, hosted by our fantastic volunteers, created unforgettable moments of fun and connection. On April 18th, Elçin and Halef organized an evening filled with songs and dances from various cultures, sparking laughter and celebration through music and creativity. On October 31st, our karaoke Halloween party turned into an unforgettable night, with entertaining performances and surprising voices, making it a thrilling and memorable experience for all. Finally, on December 29th, we wrapped up 2024 with an incredible karaoke event at Kamarite, where the energy and voices of our participants made the night truly magical

GERMAN LANGUAGE CLASS

18.04.2024, Youth Centre Bitola

15.05.2024, Youth Centre Bitola

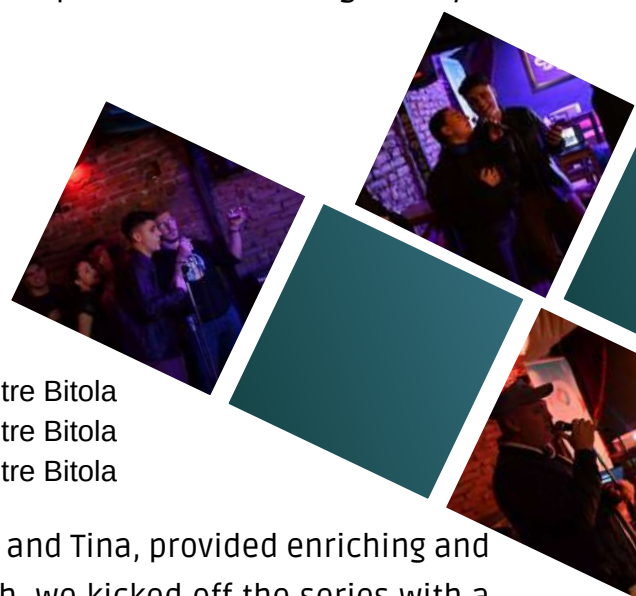
20.05.2024, Youth Centre Bitola

29.05.2024, Youth Centre Bitola

05.06.2024, Youth Centre Bitola

19.06.2024, Youth Centre Bitola

Our German language classes, led by volunteers Nele and Tina, provided enriching and interactive experiences for participants. On April 18th, we kicked off the series with a session focused on introductions, discussing free time, and reinforcing vocabulary through games. The second session on May 15th was divided into beginner and advanced groups, catering to different skill levels and providing an engaging mix of verb conjugation and casual conversations. On May 20th, we continued progressing, with beginners building sentences and advanced learners diving into grammar and tenses, with a theater exercise to apply their skills.



he May 29th session saw the advanced group mastering practical scenarios like hotel bookings, while beginners confidently asked questions after just a few lessons. On June 5th, we explored grammar nuances and analyzed a political song in the advanced class, while beginners expanded their vocabulary. Finally, on June 19th, participants practiced poetry, sentence formation, and speaking skills, with the added honor of hosting Nele's parents as special guests, ensuring everything went smoothly. Each session offered valuable learning opportunities and fostered a supportive, interactive atmosphere.

THEATRE COURSE

09.05.2024, Youth Centre Bitola

06.06.2024, Youth Centre Bitola

23.06.2024, Youth Centre Bitola

23.06.2024, Youth Centre Bitola

Our theater classes, led by volunteer Tina, took participants on a creative journey through various environments and exercises. On 09.05.2024, we ventured to the city park for a refreshing outdoor session, engaging in dynamic games and improvisations that sparked imagination and laughter. After a brief pause, we resumed on 23.06.2024, maximizing the time with fun activities to develop skills and enjoy the process. 06.06.2024 saw participants stepping into diverse roles, from a bustling market to outer space, where their energy and creativity shone brightly. Finally, on 23.06.2024, we concluded Tina's theater classes with a fun farewell session, filled with creative improvisations ranging from mystical wizards to playful zombies. These sessions left lasting memories, and we're grateful for the laughter, creativity, and connections formed throughout.

ERASMUS+ INFO AND DISSEMINATION DAY

10.05.2024, Youth Centre Bitola

Erasmus+ Info and Dissemination Day brought an inspiring atmosphere to the Youth Center Bitola on the 10th of May, offering participants a gateway to discovery and empowerment. The event provided a deep dive into the opportunities offered by the Erasmus+ program, showcasing how it supports personal growth, cultural exchange, and international collaboration for students, educators, and youth workers alike.

Highlights of the day included captivating stories shared by past Erasmus+ participants, who recounted their life-changing experiences and innovative projects. These firsthand accounts inspired attendees, illustrating the transformative power of Erasmus+ programs.

The event fostered connections, broadened perspectives, and left everyone excited about the endless possibilities within the Erasmus+ framework.

POETRY CLASS

21.05.2024, Youth Centre Bitola

28.05.2024, Youth Centre Bitola

17.06.2024, Youth Centre Bitola

25.06.2024, Youth Centre Bitola

Over the course of several engaging sessions, our creative classes sparked imagination and self-expression. On 21.05.2024, we held an inspiring poetry class where participants explored unique perspectives, such as how a lighter feels after lighting cigarettes all day, or what a fork might think while being used. These thought-provoking exercises encouraged the creation of personal poems, shared in a supportive environment.

On 28.05.2024, SFERA, along with a volunteer from the Netherlands, hosted the first poetry class, continuing the theme of self-expression through creative writing. Participants explored intriguing questions, like whether a guitar enjoys being played or how a fork feels while helping in a meal. These exercises pushed the limits of imagination, resulting in impactful poems and a collaborative environment

On 17.06.2024, we took creativity to a new level with a pottery class. Participants crafted stunning pieces, from adventurous ashtrays to abstract underwater houses, transforming their ideas into tangible art. The class was filled with focus and creativity, allowing participants to dedicate time to developing their craft.

Finally, on 25.06.2024, our Dutch volunteer Tippe hosted another inspiring poetry class. The class ventured through unique writing prompts, such as “unsalted butter” and “the sticker,” alongside experimenting with surprising word combinations like “ant,” “bubble,” and “audience.” The room was filled with vibrant energy as everyone shared their creations, making it an enriching and imaginative experience.



COOKING CLASS

18.06.2024, Youth Centre Bitola

After a long break, we were thrilled to host another cooking class on the 18th of June. Together, we prepared a delightful menu featuring pasta salad, tater tots, and brownies and wrapped it up by enjoying the fruits of our labor. The session was filled with laughter, teamwork, and, of course, delicious food. The dishes turned out wonderfully, and we're so grateful for everyone who joined in, cooked with enthusiasm, and even helped with the cleanup.

GREEN SPACES

21.06.2024, MladiHub Bitola

Transforming Green Spaces at Mladi Hub!

Our dedicated volunteers from Sfera rolled up their sleeves and gave the green space in front of the youth center a beautiful new look. Now adorned with clematis, olive trees, and other greenery, the area has been transformed into a refreshing and inviting space.

As an NGO committed to sustainability in Bitola and beyond, Sfera believes that change begins right at our doorstep. This project not only enhances the surroundings of SFERA but also serves as a small yet significant step toward fostering environmental awareness in the community.

We're thrilled with the results and hope the plants thrive in their new home. A heartfelt thanks to everyone who contributed to this initiative—your efforts truly make a difference!

SWAP 'N' SHARE STATION

24.06.2024, Youth Centre Bitola

Another wonder project thanks to our volunteers from Germany and the Netherlands

Swap 'n' Share Station was created at the Youth Center!

Located in the hallway, the new cupboard was designed to give old books, clothes, games, and other items a second life.

Participants had the opportunity to drop off their gently used items and explore what others had contributed. By doing so, everyone helped promote sustainability and reduce waste while also giving these items a chance to find new owners.

It was heartwarming to see so many contribute to this initiative, and we hope this new space continues to inspire sustainability within our community. Thank you to everyone who participated, and we look forward to seeing the station grow!

ASTROPHYSICS SEMINAR

05.07.2024, Youth Centre Bitola

Our SFERA volunteer from Greece, Aliiki, took us on an interstellar journey during an astrophysics seminar. Aliiki shared fascinating insights into the mysteries of the universe, captivating us with the wonders of space. To wrap up the session, we tested our new knowledge with an entertaining and informative quiz.

CELEBRATION OF SFERA INTERNATIONAL'S 17TH BIRTHDAY

31.07.2024, Youth Centre Bitola

Our SFERA volunteers and local youth came together for an exciting mural-painting event at the front of our vibrant Youth Center! The day was filled with creativity and collaboration as everyone contributed to transforming the space into something truly remarkable.

Following the mural project, we had the joy of celebrating SFERA International's 17th birthday! The celebration included lively music from our talented DJ, delicious food, refreshing drinks, and an incredible sense of community.

PING PONG TOURNAMENT

08.08.2024, Youth Centre Bitola

Our Turkish volunteers hosted an exciting table tennis tournament at the Youth Center, creating an unforgettable day filled with fun and laughter! The tournament brought together participants from different backgrounds, fostering new friendships and moments of joy.

While some participants weren't seasoned table tennis players, their enthusiasm and spirited efforts led to plenty of humorous and heartwarming moments that kept everyone entertained. Between matches, we

enjoyed listening to music, discovering that some of our Macedonian friends were familiar with Turkish songs—a delightful cultural exchange!

After the tournament, we gathered outside for coffee and engaging conversations, further strengthening the bonds within our community.



SCULPTURE WORKSHOP

12.08.2024, Parko 2047 Festival

13.08.2024, Parko 2047 Festival

The workshop was a two-day event that prioritized creativity and learning. Participants worked diligently on crafting sculptures of a turtle, a dolphin, and a jellyfish. Despite having no prior experience with sculpting, everyone embraced the process, learning new techniques and steadily improving their crafting skills.

The workshop wasn't just about skill-building—it was also a lot of fun! The atmosphere was filled with laughter and collaboration, making the experience both productive and enjoyable.

The finished sculptures were showcased at the Parko 2047 Festival

T-SHIRT PAINTING WORKSHOP

03.09.2024, Youth Centre Bitola

Our volunteers on September 3rd had the privilege of participating in a T-shirt painting workshop organized by Europe House, dedicated to raising awareness about equality. This event allowed us to engage creatively with an issue that is not only deeply important to us but also a core European value. Our volunteers found this activity both enjoyable and thought-provoking, reinforcing the idea that equality is more than just a principle—it's an essential part of our daily lives. Through the artistic expressions and meaningful messages we painted on our T-shirts, we aimed to spread the idea of a more inclusive and equitable world. Equality stands at the heart of European values, and we were proud to contribute to this meaningful cause through this creative initiative. We extend our sincere gratitude to Europe House Bitola.

In this engaging session, everyone had the chance to design their own unique bracelets using colorful beads, crafting personalized and beautiful pieces. It was a fun and relaxing experience, filled with creativity and learning.

3K RUN AND WALK

27.09.2024

We had an energizing start to the day with our morning workout session, led by the dedicated Sfera International volunteers!

It was a fantastic opportunity to get active, enjoy some fresh air, and kickstart the day with a healthy and positive vibe. We were thrilled to see everyone join in, and it was a wonderful way to build energy and motivation for the rest of the week.

BRACELET-MAKING WORKSHOP

11.09.2024, Youth Centre Bitola

Our recent bracelet-making workshop was a wonderful opportunity for participants to enhance their handicraft skills and explore their creativity.



15TH BALKANS BEYOND BORDERS SHORT FILM FESTIVAL

09.10.2024, Youth Centre Bitola

We had the honor of hosting a special screening as part of the 15th Balkans Beyond Borders Short Film Festival—Human Traces. The event, titled "Village or City Life?", was a unique cross-European experience that brought together participants from Bitola to watch and discuss five thought-provoking short films from diverse cultural backgrounds. This screening was simultaneously held in multiple cities, including Spetses, Amsterdam, Niksic, Tirana, and Veliko Tarnovo.

The evening was much more than just watching films—it became a platform for meaningful discussions on how natural and urban environments shape human identity. Through impactful films like "Water of Life" (Turkey) and "Children of the White Mountain" (Turkey), participants engaged in deep conversations, reflecting on important social themes. These films encouraged us to explore new perspectives and allowed for rich exchanges, strengthening our connections with one another.

PROMOTIONAL EVENT

08.11.2024, Jagoda Bar Bitola

SFERA organized an exciting promotional event next to Jagoda Bar! It was a great opportunity for us to introduce Sfera International and the Youth Center to the community. We set up a stand and shared informative brochures about our organization while our volunteers from Turkey were there to answer any questions about our beautiful country. It was a fantastic chance to connect with new people and provide insights into the work we do.



INTERNATIONAL VOLUNTEER DAY

05.12.2024, Porta Jazz Bitola

We had the honor of celebrating International Volunteer Day with an inspiring event organized by the Youth Cultural Center in Bitola (YCC Bitola) in collaboration with the Local Volunteer Council of the Municipality of Bitola (LVC) at the Porta Jazz Gallery. As part of the event, we had:

Debate: “Why Do I Volunteer?” The first part of the event featured an open discussion with local volunteers and our volunteer from Poland through the European Solidarity Corps program. It was a truly engaging experience filled with stories, anecdotes, and positive reflections on volunteering, highlighting the value and impact of volunteer work in our community.

Some of the topics discussed included:

- Why is volunteering important?
- What are the most valuable moments of volunteering?
- How does volunteering shape personal development and relationships with others?

The discussion, led by Mimi Markovski, brought inspiring stories that motivated everyone to continue making a difference.

Volunteer Awards for 2024 Outstanding volunteers were recognized for their contribution to the community, proving that good deeds never go unnoticed! The awards were presented by representatives from the Municipality of Bitola and the Macedonian Cultural Center.

Volunteering is more than just work—it's about building communities, making positive changes, and finding meaning through helping others. If you haven't tried it yet, maybe now is the perfect time to start.



LOCAL PROJECTS



YOUTH INCLUSIVE LOCAL COMMUNITIES

1 February 2022–31 December 2024, North Macedonia

The main goal of the project was to engage youth civil society organisations to provide support to their local communities and to use existing mechanisms for participation in local policies and decision-making processes that relate to their needs and the needs of their constituents. The main activities of the project included: strengthening the capacities of youth organisations and local youth councils through a series of workshops; monitoring the implementation of the Law on Youth Participation and Youth Policies; evaluating the inclusiveness of young people in local governments in North Macedonia; drafting recommendations for policies; and supporting youth advocacy initiatives that increase youth participation in public policy. Partners of the project are: National Youth Council of Macedonia – NYCM, Local Community Development Foundation Shtip (LCDF Shtip), Youth Empowerment Platform Gostivar (YEP Gostivar), and SFERA International.

This project is funded by the European Commission through the European delegation of North Macedonia.

The specific objectives are:

- to assist local authorities in developing and implementing regulations and policies through the strengthening of youth participation mechanisms;
- to build the capacities of local youth NGOs;
- to encourage dialogue and social cohesion to combat discrimination and segregation.

Results:

The planned activities within the project aim to improve the implementation of local services provided for in the Law on Youth Participation and Youth Policy and to strengthen local youth civic organisations to advocate for social inclusion, involving young people with disabilities and young people from vulnerable groups in local policy and decision-making processes, encouraging them to volunteer, engage in youth activism, and youth work to protect the interests of the youth. The project will contribute to bringing North Macedonia closer to EU integration by supporting innovative and proactive civic activism and volunteering to enhance local governance, with a special focus on including women and people with disabilities.

29th of July

Press conference: We hosted a press conference at the Youth Center in Bitola to share and promote the results of this impactful initiative on 29th of July. The press conference provided an excellent opportunity to showcase the achievements and highlight the positive impact the project has had on young people in our community. Attendees had the chance to hear firsthand about the successes of the initiative and its contribution to youth inclusion and empowerment.

INTERNATIONAL WOMEN'S DAY

07.03.2024, 26.03.2024, 08.04.2024, and 12.04.2024

To mark International Women's Day, SFERA International proudly hosted a series of events throughout March and April at the Mladi Hub in Bitola, North Macedonia, on 07.03.2024, 26.03.2024, 08.04.2024, and 12.04.2024.

Activities

- We organized a screening and discussion dedicated to the documentary film "He Named Me Malala.". After the movie, the participant discussed the movie and its message.

The evening focused on meaningful conversations about the importance of women's rights and featured inspiring stories of resilience against prejudice and limitations. This film night served as the starting point for a month of awareness and activism, promoting equal rights and opportunities for all.

- As part of the Art Club, we successfully hosted the initiative "Painting for Women's Empowerment!". Participants had the chance to explore the works of influential female artists and create their own masterpieces. Organized a meeting with the Art Club dedicated to influential female artists. The session began with a presentation highlighting female artists from diverse backgrounds and styles. We discussed artistic giants such as Frida Kahlo, Marina Abramović, and Yayoi Kusama.
- Together with the students from the Graphic Design Department at SOU "Taki Daskalo" in Bitola, we had the opportunity to showcase their carefully crafted artworks on the theme of "Empowering Women." Through their activity, the students demonstrated remarkable dedication and creativity in preparing their pieces, which were exhibited at the Mladi Hub in Bitola.

The initiative was part of the project Equal Opportunities for Girls and Young Women in North Macedonia, implemented by the National Youth Council of Macedonia and Stella Network, with financial support from the British Embassy in Skopje.

The project aimed to encourage and empower girls and young women to be more active in society, foster equal access to opportunities in public life and the private sector, and promote their participation in decision-making processes at both local and national levels.

EMPOWERING THE ROLE OF YOUTH IN THE MUNICIPALITY OF BITOLA

15 March-15 April

"Empowering the Role of Youth in the Municipality of Bitola" was funded by UNDP MK, United Nations Peacebuilding, and implemented by the Municipality of Bitola SFERA International and Youth Center Bitola.

Activity Description: Empowering the Role of Youth in the Municipality of Bitola, April 11, 2024.

Target Group:

- The target group consists of young individuals aged 18-30, members of the Youth Council of the Municipality of Bitola, who are actively involved in shaping youth policies and advocating before local government authorities. The list of participants is managed by the project's municipal coordinators.

Activities and Achievements:

- A total of 24 young people participated in workshops aimed at improving communication skills, teamwork, and strategic planning in response to various problem-solving situations within the Youth Council.
- The workshops strengthened the role of youth in combating hate speech and peer violence, enhancing their understanding of the local youth council's role and youth participation in promoting constructive narratives in these areas.

Activity Description: Youth for Inclusion, Equality, and Trust March 15-20, 2024

Target Group:

- The target group consists of young individuals aged 18-30, actively engaged in shaping youth policies and advocating before local government authorities. The participant list is managed by the municipal coordinators of the project.

Activities and Achievements:

- A total of 17 young participants were trained to take initiatives aimed at preventing the spread of hate speech and promoting gender equality.
- The outcomes included conducting research and reaching out to 160 young people to raise awareness about hate speech and gender equality, with a focus on women's rights, non-discrimination, and social cohesion.
- Additionally, youth participants developed initiatives and proposals for policy changes within the Municipality of Bitola

GARDENING FOR PEACEBUILDING

01.09.2024-31.03.2025

Gardening for Peacebuilding is a project funded by the Council of Europe, whose priority is building peaceful inclusive societies.

Objective: The aim of the project is to encourage young people from marginalized ethnic groups to play an active role in building inclusive and cohesive

Specific objectives:

1. Strengthening young leaders from marginalized groups
2. Fostering understanding among marginalized youth
3. Contribute to building peaceful communities
4. Civic engagement and responsibility of youth
5. Developing leadership in marginalized groups
6. Promoting inclusive spaces in the community

Activities

- **Training of Young Community Leaders 14 - 19 October**
 - Through the 7-day training, we aim to empower 20 young leaders from Bitola, representing Macedonian, Roma, Albanian and Turkish ethnic groups, with the skills and knowledge necessary for effective community leadership. The training will focus on fostering intercultural and interfaith dialogue, promoting peacebuilding and developing community engagement strategies.



- **Community Actions - Building 3 Community Gardens–**

- First, 3 community gardens will be created in a Roma, Albanian and Turkish neighborhood. These gardens will not only beautify the neighborhood, but will also serve as focal points for social activities, such as cultural events with traditional food. By fostering unity and camaraderie among residents, they will lay the foundation for a connected and inclusive community, enriching the lives of everyone in the community. Second, with this activity, we will encourage young leaders to take proactive steps in their communities, applying the knowledge and skills acquired in their training.

- **Intercultural Events in Community Gardens**

- Once the community gardens are built, together with young leaders, we will organize 3 large intercultural public events in each of the community gardens where citizens of all ethnicities will come together to celebrate the diversity of Bitola. By organizing these intercultural events, we will promote the gardens as inclusive spaces where neighbors and local people can come together, celebrate diversity, and strengthen social ties. The events will also serve as a promotion of the community gardens where we will introduce the gardens to neighbors and explain to them that they will be open for everyone to care for and use.



YOUR TIME IS YOUR IMPACT

13-15.11.2024 and 22.11.2024 in Bitola, North Macedonia

The project “Your Time is Your Impact” introduced youth and raised their environmental awareness. Through teamwork, green actions, and volunteering, we aimed to inspire positive change and cultivate a sense of responsibility for protecting our natural and cultural heritage.

Activities:

- A three-day training on ecology and activism took place from November 13–15, 2024, at the Youth Center in Bitola.
- A large-scale volunteer action was organized in Pelister.
- An online campaign was conducted to promote environmental awareness.

Our mission was to reach every resident of our municipality, working together to enhance the community and create a more sustainable future.

On November 22, 2024, alongside an incredible group of 50 young volunteers, we installed eco-panels with important environmental messages, demonstrating that small steps lead to significant changes.

The project “Your Time is Your Impact” was implemented by the Association for Sustainable Development SFERA International as part of the Regional Program for Local Democracy in the Western Balkans 2 (ReLOaD2), funded by the European Union (EU) and implemented by the United Nations Development Programme (UNDP). The project was co-funded by the Municipality of Bitola.



ACTIVE RURAL YOUTH

11-13.11.2024

"Active Rural Youth" was a project supported by UNDP and the Municipality of Bitola.

Participants Learn

- **Active Community Engagement:** Participants gained a deep understanding of the importance of being proactive in their communities.
- **Advocacy and Youth Work:** They mastered key concepts essential for effective representation.
- **Volunteering:** Participants recognized the crucial role of volunteering in building stronger communities.

Community Impact:

Together, we developed a "Recommendation Document," which was presented to the municipality, offering concrete proposals to improve the lives of young people in rural areas.

Activities in Schools:

- **Capari - Elpida Karamandi School:** Children enjoyed activities such as guitar playing, bowling, reading books, and the game Don't Get Angry, Human. The school received donations of books, chalk, and essential school materials
- **Trnovo:** Students participated in interactive treasure hunts, bowling, and educational quizzes. Donations included musical instruments, a globe, and creative learning tools.



WOOL BOMBING /VOLEJNO BOMBARDIRANJE

November-December 2024

.Project “Wool bombing /Volneno Bombardiranje” was organized as part of the project Youth Hub—Bridging Inequalities Among Young Girls and Women. Over the past months (November-December 2024), SFERA International carried out this initiative in collaboration with 13 incredible young women, blending art and action in a journey like no other!

We wanted to create something more—something that would spark meaningful conversations on important topics in a unique way, through creativity, visual expression, and art. The themes we addressed included:

- **Environmental Care**
- **Support for Mental Health**
- **Building a More Inclusive Society**

We organized 10 workshops in partnership with Zur Makedonski Rakotvorbi, where participants learned how to create wool installations. Throughout these workshops, the young women mastered the craft of wool knitting, bringing colorful designs to life, step by step. Together, we selected public spaces, crafted meaningful messages, and began transforming Bitola. In the end, we brought everything to the streets, turning public spaces into vibrant and impactful art. Each installation told a story, encouraging people to pause, reflect, and engage in dialogue.

Impact:

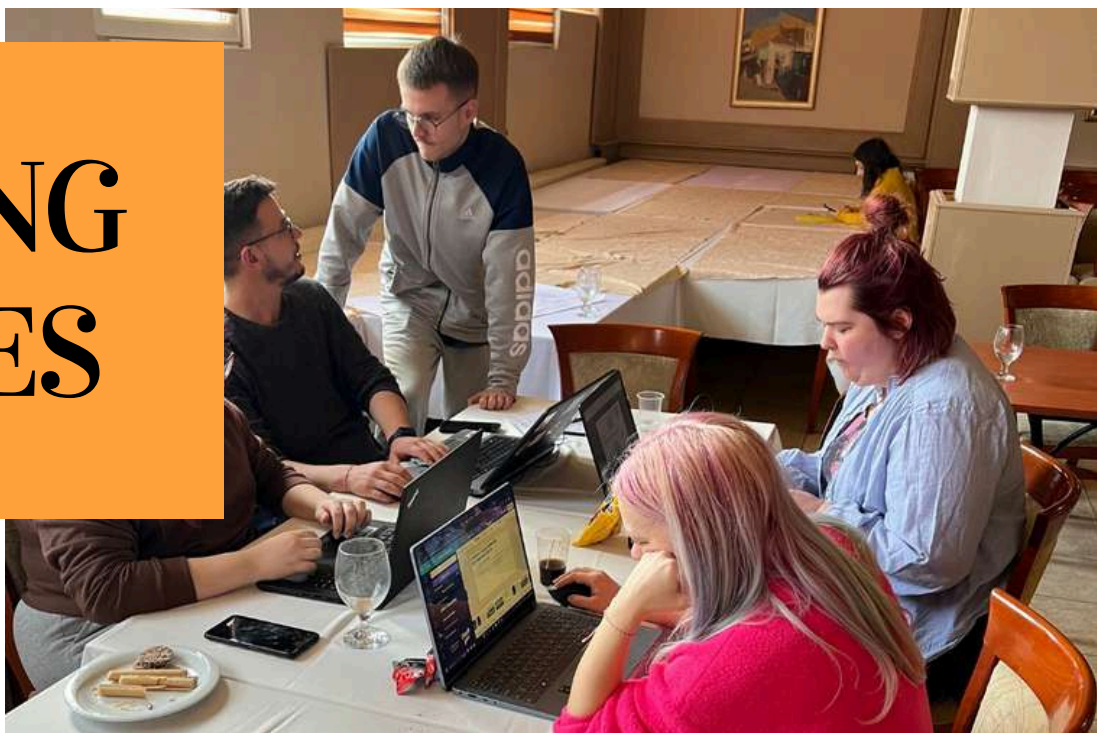
- **13 Women Empowered:** These participants gained the skills and confidence to lead their own creative projects and raise awareness within their communities.
- **10 Installations Created:** These works not only sparked discussions on key social issues but also beautified public spaces.
- **Over 100 People Engaged:** Many stopped to admire the art or share their thoughts, fostering meaningful connections.



ERASMUS PLUS K1 PROJECTS



TRAINING COURSES



NAVIGATING YOUR WORK IN THE DIGITAL AGE

The seminar "Navigating Youth Work in the Digital Age," hosted by Sfera International in Bitola, focused on equipping youth workers with the knowledge and competencies necessary to navigate the challenges and opportunities of digitalization in the youth work sector. Co-funded by the European Union through the Erasmus+ program and the Национална агенција за европски образовни програми и мобилност, the six-day event brought together 20 youth workers from ten different countries.

Participants engaged in a dynamic exchange of ideas, sharing best practices and exploring innovative digital tools to enhance their work with young people. Through workshops, discussions, and collaborative activities, they gained practical insights and strategies to implement in their home countries, ultimately contributing to the growth and modernization of youth work practices.

The seminar concluded successfully, with all participants leaving Bitola empowered with new digital skills and approaches. Over the coming days, Sfera International will share detailed insights into the activities and workshops conducted during the event, culminating in the release of a comprehensive toolkit to support digital work in the youth sector.

BE SUSTAINABLE, MAKE A DIFFERENCE

15–24 March 2024, Bușteni, Romania

The program focused on advancing sustainable practices and enhancing understanding of the Sustainable Development Goals (SDGs) among youth workers and organizations.

The training aimed to empower participants with the knowledge and competencies necessary to critically engage with global challenges and take responsible actions towards sustainability. Through a series of workshops and discussions, participants explored topics such as global education, equity, and human rights while also gaining insights into fostering institutional responsibility and promoting sustainable practices.

A key focus was on strengthening the youth sector's capacity to support the implementation of Agenda 2030. Participants engaged in developing and applying practical, tested educational materials designed to build green competencies among young people.

The project successfully equipped participants to contribute actively to a more sustainable and just world, both at the individual and organizational levels, ensuring lasting impact within their communities.

WHAT A JOB CULTURE WOULD LOOK LIKE?

15–21 March 2024, Barcelona, Catalonia, Spain

The initiative addressed critical issues faced by young people in Europe, such as discrimination in the job market, disparities in unemployment rates, and the challenges of overcoming poverty and social exclusion despite employment.

The program facilitated discussions on the impact of artificial intelligence, digital technologies, and robotics on future jobs and societies. Participants shared experiences, explored trends and risks, and collaborated on envisioning a "Youth Job Culture" that promotes inclusivity and sustainability.

The project fostered new partnerships and provided a platform for identifying solutions to youth employment challenges from a European perspective, leaving participants with valuable insights and actionable ideas.



FUTURE BRICKS

18–25 March 2024, Dobczyce, Poland

Focused on futures thinking and the LEGO Serious Play methodology, the program empowered participants to inspire young people to envision and actively shape their futures.

The project successfully achieved its goals by equipping youth workers with the tools and knowledge to think beyond current limitations and explore alternative futures. Participants were trained to combine creative and strategic approaches, enabling them to implement forward-thinking methods in their work. Through practical sessions, youth workers learned how to use the LEGO Serious Play methodology as an engaging way to promote futures thinking among young people.

Additionally, the program fostered essential skills such as creativity, critical thinking, and problem-solving. By exploring and expressing values, beliefs, and aspirations, participants developed the ability to translate these into actionable plans for a desired future. This reflective process not only enhanced individual capacities but also provided a blueprint for guiding young people toward meaningful personal and professional development. The Future Bricks project stood out as a transformative experience,

combining innovative tools with practical training to create a lasting impact. By the end of the program, participants were well-prepared to implement these methodologies in their communities, driving positive change and inspiring a mindset of growth and possibility among young people.

CIRCUS FOR CHANGE

15–21 April 2024, Córdoba, Spain

The program focused on promoting social inclusion and human rights through the transformative power of circus arts.

Participants engaged in practical workshops and team-building activities, learning to apply social circus techniques in their work with vulnerable groups such as migrants, individuals with disabilities, and at-risk youth. The collaborative highlight of the program was the creation of a circus show centered on themes of social inclusion, solidarity, and human rights. This process included interactive sessions with local communities, such as children, refugees, and individuals with disabilities, culminating in a final performance.

The program also addressed the realities and challenges of social inclusion in participants' communities, fostering dialogue and the exchange of best practices. The event concluded with a workshop involving local NGOs and youth with fewer opportunities, alongside a comprehensive evaluation session.



ECOVENTURE STUDY VISIT

April 16th to 23rd, 2024

The study visit took place in Bitola, North Macedonia, from April 16th to 23rd, 2024. This initiative aimed to deepen participants' understanding of green entrepreneurship within the context of youth work, focusing on sustainable practices and their benefits to local communities.

The project combined theoretical and practical components, offering a holistic approach to learning. Participants began by exploring the foundations of green business, discussing best practices, and analyzing the challenges of creating and maintaining sustainable enterprises. This was followed by visits to several local green businesses in Bitola, providing firsthand insights into how these organizations operate and their positive contributions to the environment and local economy.

Bringing together individuals from North Macedonia, Italy, Spain, Serbia, Czechia, Bulgaria, Latvia, Türkiye, Portugal, and Greece, the study visit created a space for cultural exchange and dialogue. Participants shared diverse perspectives, experiences, and ideas, enriching the learning experience for everyone involved.



ACRO-INCLUSION

09-16 May 2024, Weicherdange,
LUXEMBOURG

The project promoted inclusive youth work through the integration of circus pedagogy and creative physical activities as an alternative tool that transcended social and cultural barriers. Twenty-seven youth workers from nine organizations actively involved in youth work participated in the initiative.

Participants engaged in practical workshops and collaborative activities aimed at empowering young people to take an active role in their learning process while fostering creativity in acrobatic education. The exchange of good practices on inclusion and diversity was a key component of the project, encouraging dialogue and the sharing of innovative methodologies among the participants.

The project's activities highlighted the European values of tolerance and multiculturalism, strengthening social connections and promoting the inclusion of young people in society. A central objective was to introduce youth workers to an innovative approach to social work by incorporating creative physical activities into their practice.

The program also included discussions on the challenges of social inclusion within the participants' communities and

facilitated the development of new strategies to address them. The event culminated in a comprehensive evaluation session and provided opportunities for further collaboration among the consortium's partners to enhance the impact of their inclusive youth work initiatives.

SANE

10–18 May 2024, Murzasichle, Poland

The program provided participants with the opportunity to learn principles of improvisation theater and mindfulness techniques, exploring how these two approaches can be combined to empower youth. Morning yoga sessions and evening meditation practices complemented the training, creating a holistic learning environment.

The project objectives included developing participants' skills in using improvisation theater to foster youth empowerment and enhance competencies, as well as applying mindfulness techniques to reduce stress, improve focus, and build self-awareness. Additionally, the training emphasized non-formal education and experiential learning, enabling participants to create activities based on these methodologies for both non-formal and formal education settings

DATA: DIALOGATOR AS TOOL

28 May–3 June 2024, Cangas de Morrazo, Spain

The project aimed to equip youth workers and leaders with refreshed and enhanced skills for providing nonformal education to young people. Participants were trained as "dialoguers," learning specialized methodologies to facilitate dialogue and foster engagement within their communities. Additionally, the program invested in the professional growth of youth workers by exploring the roles, skills, and responsibilities of a dialoguer.

This initiative successfully created an active community of trained youth workers, empowering them to serve as catalysts for dialogue and learning in their local contexts, contributing to the broader goals of youth engagement and community development.

JOURNEY OF LABELS

25 September–4 October 2024, Bergolo, Italy

The program aimed to increase participants' personal awareness and provide tools to address these mechanisms both in their personal and professional lives.

Through interactive workshops and reflective exercises, participants examined the categorization process, fostering a deeper understanding of how stereotypes and prejudices are formed.

The training emphasized creating a more inclusive and sensitive environment for working with young people from diverse backgrounds.

Key objectives included raising awareness about the existence and functioning of categorization, reflecting on personal biases, and developing methods to combat discrimination. Participants left equipped with strategies to promote inclusivity and tackle prejudice in their communities, enhancing their capacity as youth workers to foster positive change.



CYBERPEACE: EMPOWERING YOUTH AGAINST CYBERBULLYING

3–9 October 2024, Rēzekne, Latvia

This initiative focused on understanding cyberbullying as a form of verbal or psychological harassment facilitated by online platforms and mobile devices. Through workshops and discussions, participants explored the devastating effects of cyberbullying on victims, including diminished self-esteem, academic struggles, absenteeism, and even suicidal ideation. The program also highlighted the broader impact on perpetrators, bystanders, families, and educational environments.

The project emphasized strategies for prevention and intervention, equipping participants with tools to foster safer online spaces and raise awareness about the dangers of cyberbullying. By creating a supportive environment for dialogue and collaboration, Cyberpeace empowered participants to advocate for positive change and contribute to a culture of respect and safety in the digital age.

IMPRODRAMA 4.0

21–31 October 2024, Dobczyce, Poland

The training focused on developing participants' competencies in applying theatre-based methodologies—such as physical theatre, mime, and visual theatre—as tools for youth empowerment. Participants explored experiential learning principles, emphasizing how non-formal education approaches can effectively engage and empower young people.

Throughout the course, participants had the opportunity to create, develop, and refine educational activities based on theatre techniques, aiming to improve their teaching practices and engage youth in an impactful and interactive way. The project successfully enhanced the participants' ability to increase youth engagement and foster a more dynamic and effective learning environment.



SPREADING UNDERSTANDING

11-21 November, Kozani, Greece

The project empowered young people to make informed choices in their communication with others. Participants developed an appreciation for cultural diversity in communication styles while honing practical skills and gaining a deeper understanding of the role communication plays in everyday life—both at the interpersonal and international levels.

Workshops emphasized mindfulness and respect, drawing on Jon Kabat-Zinn's definition of mindfulness as “awareness that arises through paying attention, on purpose, in the present moment, non-judgmentally.” Through interactive activities, participants were inspired to adopt a more understanding mindset and to foster positive changes in their interactions with others.

The program also sought to divert young people's attention from the digital world, encouraging them to prioritize real-life connections and meaningful communication. This approach reinforced the importance of building authentic relationships and cultivating mutual respect in diverse social contexts.





YOUTH EXCHANGES

BREATHE AGAIN

6–13 March 2024, Murzasichle, Poland

This youth exchange aimed to deepen participants' understanding of the causes and consequences of air pollution, particularly in urban areas, while fostering creativity and innovation in developing solutions. Activities emphasized intercultural cooperation and teamwork, creating a space for participants to exchange ideas and experiences.

Workshops and discussions focused on non-formal education methods in environmental contexts, equipping participants with practical skills to raise awareness and promote sustainable practices in their communities. Additionally, the program provided opportunities for young people to develop communication, leadership, and collaboration skills in a multicultural setting.

The Breathe Again project successfully inspired participants to take action against climate change, encouraging them to become advocates for a healthier and more sustainable future.

JOURNEY TOWARDS A HEALTHY LIFE

23–31 March 2024, Căsoaia (Arad), Romania

Over the course of seven days, 24 teenagers engaged in nonformal learning activities that combined youth work and preventive education. Workshops covered critical topics such as addictive behaviors, peer pressure, decision-making, self-esteem, and emotional literacy. Participants developed resilience, built self-awareness, and explored ways to support peers in navigating challenges related to unhealthy habits or addictive tendencies.

The project emphasized inclusiveness, self-acceptance, and the importance of staying in control when faced with difficult choices. By the end of the exchange, participants were equipped with tools and knowledge to transfer their experiences into actionable efforts within their local communities, fostering a healthier and more informed approach to decision-making.

YOUTH GOT THE POWER

2–10 April 2024, Schaijk, Netherlands

With youth unemployment further exacerbated by global challenges, the initiative focused on enhancing personal and professional skills, promoting social entrepreneurship, and developing soft skills critical for today's workforce.

Participants engaged in activities aimed at fostering critical thinking, adaptability, and innovation, equipping them to better navigate fields such as education, technology, and civic participation. The project outcomes emphasized a human-centric approach to skill-building, with tangible results including:

- Workshops conducted by partner organizations in local communities, each engaging 20 young people.
- Development of 6 action plans for implementation in partner countries.
- Creation of a digital booklet featuring participant testimonials and descriptions of activities.
- Social media outputs, including visuals and videos, to amplify the project's reach and impact.

The Youth Got The Power project successfully empowered young people to address unemployment challenges while fostering community engagement and global cooperation



RISE UP

4–12 April 2024, Naples, Italy

This initiative focused on empowering youth through the use of internet radio and podcasts as platforms for communication, idea-sharing, and creative expression.

The project equipped participants with critical tools for a conscious and informed use of the internet and social media. It created a space for young people from diverse cultural, social, and geographical backgrounds to engage in dialogue, debate, and collaboration. Through multimedia workshops, participants explored innovative methods for content creation, news editing, and podcast production.

The program also emphasized inclusion, listening, and critical information sharing, fostering a culture of understanding and international cooperation. By the end of the exchange, participants had developed new skills and a greater appreciation for the power of digital media as a tool for personal growth and social impact.

DIGITUP - TAKE IT SLOW

12–21 April 2024, Bansko, Bulgaria

The program aimed to enhance participants' digital competencies while fostering cultural exchange and mutual understanding.

The project focused on equipping participants with essential digital skills to support their personal and professional development. Workshops and activities promoted critical thinking, media literacy, and an understanding of online safety and cybersecurity, enabling participants to navigate the digital landscape responsibly. Special attention was given to educating participants on the effective and ethical use of social media platforms, highlighting the importance of maintaining a positive online presence.

By fostering an environment of collaboration and cultural exchange, the program allowed participants to share diverse perspectives on digital tools and media literacy. The DigitUp - Take it Slow project successfully empowered young people to leverage digital technologies responsibly while appreciating the importance of cultural diversity in the digital age.



WASTE WARRIORS

15–25 April 2024, Valencia, Spain

This 9-day youth mobility initiative was focused on combining entrepreneurship, creativity, and waste management to foster green practices in local communities.

Participants gained hands-on experience in waste management and worked collaboratively to develop six green business ideas, showcasing how waste can be transformed into useful products. A key outcome of the project was the creation of The Green Impact 30-Day Challenge: Elevate Your Environmental Friendliness, a practical guide encouraging daily green practices to promote sustainable behaviors.

This multicultural learning experience equipped participants with the skills and inspiration to implement eco-friendly initiatives within their communities, demonstrating the power of youth in driving positive environmental change.

SPORT FOR A HEALTHY LIFE

03–10 May 2024, Sorgun, Turkey

The project focused on addressing the challenges posed by the lack of physical activity during the COVID-19 pandemic, particularly among disadvantaged youth. Through diverse sports training and activities, participants learned about the importance of staying active, combating obesity, and adopting healthy habits. The program emphasized accessibility to sports and physical activity for all, regardless of socioeconomic background, with a special focus on inclusion and non-discrimination.

Participants gained practical knowledge and skills in promoting healthy living while also building connections and working toward a common goal. This project successfully fostered awareness, inclusivity, and the benefits of an active lifestyle, empowering young people to advocate for health and well-being within their communities



TRASH2TREASURE

15–23 May 2024, Bitola, North Macedonia

The program emphasized conscious consumerism, critical thinking, and problem-solving, with workshops that encouraged participants to repurpose discarded items. Teamwork, community engagement, and creative expression were at the heart of the project, fostering a collaborative and sustainable approach to everyday living.

Participants also engaged in educational outreach and experiential learning, becoming environmental advocates in their communities. The exchange highlighted diverse upcycling practices across cultures and inspired long-term environmental impact through hands-on activities and cross-cultural collaboration.

By the end of the project, participants not only developed practical skills and lifelong connections but also gained the tools to promote sustainability and creative problem-solving within their own communities.

GO GREEN

9–15 June 2024, Varna, Bulgaria

The project emphasized climate change, pollution, biodiversity loss, overconsumption, and food waste, encouraging both personal and collective responsibility for environmental protection.

Through various activities, participants gained insights into the EU's environmental policies and sustainable development strategies. The exchange facilitated the sharing of international "green" practices, promoting sustainable lifestyles and encouraging active citizenship. Workshops focused on creating campaigns and green initiatives aimed at raising awareness about environmental protection and inspiring activism among young people.

The Go Green project successfully empowered participants to become advocates for sustainability, equipping them with knowledge, tools, and ideas to implement eco-friendly practices and foster inclusive, sustainable societies in their communities.

COMPASS OF VALUES

1–8 June 2024, Valea Verde, Alba, Romania

Over six days, participants engaged in interactive methods designed for both small and large groups, addressing topics such as building and preserving healthy relationships, identifying toxicity, understanding peer pressure, and developing resilience and self-esteem. The program also tackled challenges commonly faced by teenagers, including addictive tendencies, conflicts, anxiety, hate speech, and self-marginalization.

Through workshops and group activities, participants gained a deeper understanding of how their values shape relationships and interactions within their communities. The project emphasized trust, commitment, and sincere communication as key components of long-term relational success.

MINDFULNATURE

12–20 June 2024, Bitola, North Macedonia

The project aimed to raise awareness about mental health and equip participants with practical tools for self-care and mindfulness. Activities included nature-based exercises, teamwork exercises, and leadership sessions designed to foster peer support, communication skills, and inclusivity. Cultural exchange and reflective learning were central to the program, promoting diversity and mutual understanding among participants from various backgrounds

A key outcome of the project was the creation of action plans for mental health initiatives, enabling participants to implement learned strategies in their local communities. The program emphasized building lifelong connections, encouraging ongoing collaboration, and inspiring participants to become advocates for mental well-being.

MINDFULNATURE successfully empowered participants to prioritize mental health while fostering personal growth, leadership, and community engagement.



ECO PATH

2–10 July 2024, Veliki Gaj, Serbia

The project aimed to raise awareness about the importance of adopting sustainable and eco-friendly habits in daily life. It empowered young people to take initiative and become proactive in advocating for environmental change. Through a series of activities and workshops, participants developed personal and professional competencies, enhancing their employability and positioning them more competitively in the labor market.

DIGI-ACT

2–11 July 2024, Brebu, Romania

Organized under the project Mobilization of Young People Using Online Channels, the exchange aimed to empower participants to harness digital platforms for activism and advocacy while promoting human rights and digital citizenship.

Participants explored the opportunities and risks of the digital world, gaining knowledge to navigate the internet safely and responsibly. The program emphasized digital storytelling as a powerful tool for advocacy, enabling participants to share impactful narratives and initiatives online. Additionally, workshops focused on strengthening skills in designing and implementing online campaigns to address social issues effectively.

The Digi-Act project successfully equipped young people with the tools to become active digital citizens, fostering their ability to use online platforms for positive societal change

CLEAN

10–18 July 2024, Galicia, Spain

This project focused on promoting green living as a priority in the European Union and emphasized the importance of coexisting harmoniously with the environment. Participants engaged in activities that highlighted the crucial role of nature in our lives and explored practical ways to protect and preserve it. The exchange encouraged participants to adopt sustainable habits and take responsibility for environmental stewardship, fostering a mindset of care and respect for the natural world.

The project successfully inspired participants to embrace green living practices, empowering them to contribute to a more sustainable future in their communities.

SOCIAL STEREOTYPES UNVEILED

15–23 July 2024, Prespa–Florina, Western Macedonia, Greece

This program brought together young participants aged 17–29 to explore societal awareness, cultural exchange, and personal growth through the creative medium of improvisation. Participants used self-expression and storytelling to challenge stereotypes and address biases present in diverse communities. The program celebrated multiculturalism by encouraging participants to share their unique perspectives and traditions, fostering inclusivity, respect, and a deeper appreciation of cultural differences. Grounded in a connection with nature, the exchange provided a reflective and inspiring environment for creativity and meaningful dialogue. Participants left with a renewed understanding of the power of diversity and the tools to promote inclusivity within their own communities.

BREATH

20–28 July 2024, Casaio, Pontevedra, Spain

The project aimed to raise awareness of the significant role nature plays in well-being, encouraging young people to engage with the environment in practical and positive ways. Through hands-on activities, outdoor experiences, and group discussions, participants learned how to integrate nature into their daily lives to promote better health and mindfulness.

This exchange successfully empowered participants to value and utilize natural spaces for personal growth and community well-being, fostering a deeper appreciation for the environment and its impact on holistic health.

CEZERA: CULTIVATING ENTREPRENEURIAL ZEAL AND RESOURCES IN ADOLESCENTS

23–31 August 2024, Brebu, Romania

The program aimed to enhance participants' understanding of business development and inspire them to create their own ventures.

During the exchange, participants gained knowledge about entrepreneurship, including the principles of starting and managing small businesses. Workshops focused on practical skills such as selling and promoting businesses both online and offline, tailored specifically to rural contexts.

By the end of the project, participants had developed entrepreneurial strategies and actionable plans to apply in their local communities. The CEZERA project successfully empowered young people to embrace entrepreneurial thinking and equipped them with tools to contribute to the economic and social development of rural areas.

INFLUENCERS OF MOTHER EARTH

25–31 August 2024, Burdur, Türkiye

This youth exchange aimed to foster environmental awareness and advocacy while equipping participants with skills to create impactful digital content. Participants explored the roots and causes of environmental pollution and learned how to act effectively before, during, and after natural disasters in collaboration with authorities. Practical sessions focused on creating digital content to highlight environmental issues and promote preventive measures through social media platforms. The project emphasized raising awareness about the dangers of environmental problems and showcasing actionable solutions for prevention. By bringing together young people from diverse cultures, Influencers of Mother Earth successfully inspired collaboration, creativity, and a commitment to protecting the planet through advocacy and digital engagement

MOVE FOR INCLUSION – SPORT 4ALL

4–13 September 2024, Mollina, Spain

The project aimed to emphasize the value of physical activities and sports in addressing social exclusion and inequality, particularly among at-risk youth groups. Participants analyzed the values transmitted through sports and examined how they can be used to prevent discrimination and promote inclusivity.

Key activities included exploring the role of sports in fostering social inclusion, raising awareness about stereotypes and gender roles in sports, and learning methods, strategies, and techniques to implement inclusive physical activities. The program also focused on enhancing European identity, fostering citizenship participation, and building sustainable and just societies.

The project concluded with the creation of cooperative networks at the European level, aimed at providing lifelong learning opportunities for young people, particularly those with fewer opportunities. The initiative successfully highlighted the power of sports to inspire positive social change while fostering diversity and collaboration across Europe.

GREENPASS: YOUTH FOR A WASTE-FREE FUTURE

15–24 September 2024, Nea Kallikratia, Greece

The project encouraged participants to refuse single-use plastics, reuse materials whenever possible, compost organic waste to enrich the soil, recycle and transform waste into valuable resources, and reduce waste by making conscious choices in daily life.

Key objectives included raising awareness about the environmental impact of waste, promoting the circular economy and waste transformation, fostering discussions on a waste-free Europe, and encouraging youth to adopt Reduce-Reuse-Recycle behaviors. Additionally, the project highlighted opportunities within the Erasmus+ program for further environmental initiatives.

POWER OF SPORT

29 September–8 October 2024, Burgas, Bulgaria

The project included virtual meetings, preparatory activities, a youth mobility event, and follow-up activities, all focused on using sport as a tool for social inclusion, specifically for disabled youth. During the mobility event in Bulgaria, participants engaged in non-formal education activities designed to promote social inclusion through sports. They learned various sports tailored for disabled youth, fostering empathy, understanding, and connection. The project emphasized the power of sport in promoting European values, inclusion, and engagement, providing participants with valuable insights into creating inclusive communities.

BE AN ENTREPRENEUR! - PROMOTE CRAFTS!

10–20 October 2024, La Padure, Brebu, Caras-Severin, Romania

10–20 October 2024, La Padure, Brebu, Caras-Severin, Romania

The project aimed to provide examples of independent activities that promote entrepreneurial thinking and motivate youth to pursue careers in entrepreneurship or self-employment.

Participants gained awareness of their abilities, which motivated them to explore entrepreneurial paths and use their skills to create their own jobs. The project encouraged self-employment as a means of stimulating entrepreneurship and generating new job opportunities.

Objectives included:

- Encouraging young participants to become active, independent citizens who can overcome barriers and reach their maximum potential
- Promoting virtual social integration to expand personal development opportunities for young participants

CHANGE YOUR BOX

27 November–5 December 2024, Istanbul, Turkey

Through encouraging eco-friendly practices, the project sought to foster a culture of sustainability and responsible waste management, ultimately contributing to the protection of the environment for future generations. During the project, participants explored the environmental harms of the products we use and found solutions to reduce them. They also designed recycling bins from waste materials to contribute more to environmental protection. The project raised awareness about Erasmus+ projects, encouraging more people to get involved. Participants developed a sense of beautifying and protecting nature and were encouraged to design alternative recycling methods to promote environmental consciousness within their communities

BE CAREFUL

5–14 December 2024, Milkow, Poland

The project focused on equipping participants with the knowledge and tools needed to effectively recognize and prevent online threats, promoting safer online spaces for all. Throughout the youth exchange, participants had the opportunity to learn strategies for preventing cyberbullying and to gain insight into how to respond to online threats. The project also emphasized intercultural integration, encouraging young people from different countries to cooperate, share their experiences, and understand that cyberbullying is a global issue that affects everyone, regardless of origin.

An important component of the program was learning about the legal frameworks in the European Union and its partner countries regarding cyberbullying, providing participants with a deeper understanding of the actions that can be taken to address this dangerous phenomenon at the legal and societal levels.

YOUTH EMPOWERMENT

21–28 March 2024, Veliki Žitnik, Croatia

The program focused on building effective communication strategies for working with diverse youth groups, incorporating workshops and role-playing exercises. Participants explored teamwork and collaboration techniques, empowering them to lead community development initiatives with confidence. Key sessions addressed navigating change, uncertainty, and challenges, emphasizing resilience as a core skill for youth workers.

Additionally, practical training in time management, organizational skills, and emotional intelligence equipped participants to build stronger relationships and work more effectively in dynamic environments.

The Youth Empowerment project provided participants with valuable tools and strategies to foster personal and professional growth, leaving them better prepared to make a meaningful impact in their communities.

SPREADING UNDERSTANDING

11–21 November 2024, Kozani, Greece

The project aimed to foster mindfulness and respect, teaching participants the concept of mindfulness as described by Jon Kabat-Zinn: "awareness that arises through paying attention, on purpose, in the present moment, non-judgmentally." The program encouraged a deeper appreciation for diverse communication styles while promoting mindfulness as a key tool for effective interaction.

By engaging in interactive activities, the project aimed to inspire positive changes and encourage a more understanding mindset. Additionally, it sought to shift the focus of young people from the digital world to real-life connections, fostering more meaningful and authentic communication among participants

ERASMUS PLUS

K2



POWER SAVING CHECK GOES CITIZENS

1 May 2022–30 March 2024

Strategic Partnership for the development of innovation in the field of adult education, financed by the Erasmus+ programme, with a duration of 36 months. With the implementation of the project, we would like to contribute concretely to the achievement of the European climate protection targets and aim therefore at: - decreasing the consumption of electricity, water and heating energy in private households and public buildings - reducing CO2 emissions in private households and public buildings - promoting the circular economy - involving the citizens actively, reasonably and target-oriented – also with digital solutions – in this process - disburdening low-income households financially.

OBJECTIVES OF THE PROJECT:

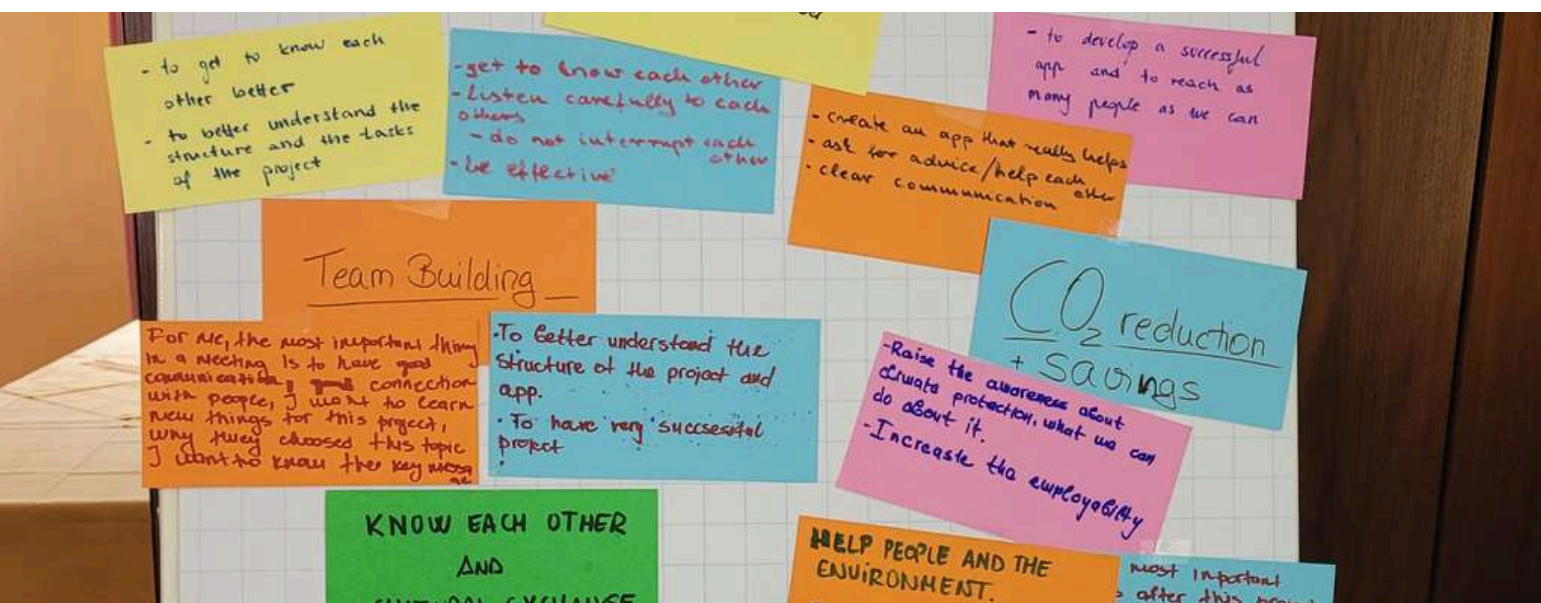
- Concrete contribution to the achievement of the European climate protection targets by:
- Decreasing the consumption of electricity, water, and heating energy in private households and public buildings.
- Reducing CO2 emissions in private households and public buildings.
- Promoting the circular economy.
- Involving the citizens actively, reasonably, and in a target-oriented way with digital solutions in this process.
- Disburdening low-income households financially.

EXPECTED RESULTS

- Curriculum for the education of power-saving checkers.
- Handbook for Power Saving Checkers.
- Training material for the pilot training and the webinar for trainers.
- Online Course for the Education of Power Saving Checkers, completed in the fields "Air Conditioning" and "Waste Separation".
- 14 staff members of the partner organizations were trained as trainers.
- 42 power-saving checkers were educated by the trained trainers.
- The educated Power Saving Checkers have implemented 100 checks in low-income households during the test phase.
- The Power Saving Checkers have implemented six checks in public buildings.
- The Checkers have implemented 50 checks in households that ask for services via the app.
- The Checkers have promoted environmental awareness through informal education.

Activities in 2024:

- Project meeting in Santander 26.02. – 29.02.2024 where it was discussed about the elaboration of the training materials for the power saving Checkers.
- Completion of the materials for the education of power-saving checkers.
- Call for participants for the power-saving checkers training.
- Multiplayer event on 12-13.09.2024 where we informed the citizens about the power-saving checks in households and how they can apply.
- Project meeting in Bitola 22.09-25.09.2024 where it was discussed about the power-saving checks application.
- Power-saving checks in households between October and December.



ENERGY SAVING MEDIATOR TRAINING

13–27 April 2024 (online) and 7–17 May 2024 (Hungary)

The training included online sessions held via Zoom from April 13 to 27, followed by in-person training in Hungary from May 7 to 17.

The program equipped participants with practical knowledge to identify major energy consumers, analyze electricity bills, and implement energy-saving solutions in low-income households and public buildings. They learned to measure energy consumption, install energy-efficient devices, and calculate annual savings from these measures.

The initiative successfully empowered participants to promote sustainable energy practices within their communities, contributing to energy efficiency and reducing unnecessary consumption.

YOUNG ENTREPRENEURS IN TIME OF CRISIS—YETC

1 February 2022–1 February 2024

Young Entrepreneurs in Time of Crisis (YETC) was an Erasmus+ project that aimed to facilitate youth activism and foster an entrepreneurial mindset through networking, sharing best practices, and developing innovative NIFL tools. The project results will help young people overcome the uncertainty caused by the unstable socio-economic situation across Europe and create positive value by filling the gaps and promoting new entrepreneurial endeavors.

The YETC project addressed the needs of young people and youth workers in finding realization of their creative ideas and initiatives through entrepreneurship and active participation. The project involved young people from six countries, which are North Macedonia (SFERA International), Italy (Demostene Centro Studi per la promozione dello Sviluppo Umano), Poland (Fundacja Inkubator Innowacji), Greece (EKO), Bulgaria (Foundation for Entrepreneurship, Culture, and Education), and Romania (Asociatia Europeana de Dezvoltare a Adultilor)

The partners conducted a survey among young people on their current needs and skills mismatches in entrepreneurship and youth activism. Based on the survey and desk research on national and EU policies for supporting youth entrepreneurship, the partners will produce an action plan for entrepreneurial skills and learning.

The YETC project had the following specific objectives: to contribute to building the capacity of youth workers and youth organizations through joint research activities, training, and cooperation. to promote young entrepreneurs in partner countries through collecting good practices, producing a guide and video collection, and organizing a networking event to create new NIFL tools and modules promoting entrepreneurship and youth activism tailored to the current needs of young people in the partnering countries.

GREEN UP DEVELOPMENT

1 February 2022–1 February 2024

The project aims to address the urgent need to protect the environment by empowering young people to take action on crucial ecological issues. Through non-formal and digital learning methods, as well as multicultural and transnational interaction, the project will focus on raising awareness about environmental protection, pollution, climate change, recycling, sustainable development, and

sustainable agriculture. By fostering eco-friendly habits and a deeper understanding of daily actions that harm the environment, the project seeks to inspire young people to become leaders and active promoters of positive change within their communities.

The project is designed for young people aged 17–25 facing geographical social, or cultural barriers, including those from urban problem zones or rural and remote areas.

Activities will include four transnational exchanges in the first phase, focusing on sustainable development, recycling and reusing, audio-video production and storytelling, and digital marketing.

In the second phase, small teams of young people will develop joint initiatives, supported by sub-grants from the project budget. The third phase will focus on implementing and multiplying these initiatives, creating tangible impacts in local communities.



The final phase

Activities in 2024:

will measure the project's impact, gather outputs, and amplify results through public promotion campaigns.

- Kickoff meeting where it was discussed about the goals and the follow-up activities of the project.
- The first training focused on deepening participants' understanding of the 3R principles—reduce, reuse, and recycle—to mitigate environmental degradation. Participants explored practical waste management strategies, project proposal writing, and community engagement while gaining leadership skills and hands-on experience in environmental advocacy. Visits to sustainability initiatives in Austria and Croatia provided practical insights and inspiration.
- The second training introduced non-formal learning methods and experiential activities to promote sustainable practices. Participants learned about indoor gardening, permaculture, composting, and green cleaning products while exploring sustainable consumption, production, and income generation. A visit to a natural life collective allowed them to engage in hands-on sustainable production, making products such as noodles, jam, and molasses.



- The third training equipped participants with technical skills in video production, including scripting, storyboarding, filming, and editing using Premiere Pro. They developed compelling narratives to raise awareness of environmental challenges while collaborating with diverse peers. Networking opportunities and project funding discussions supported participants in implementing local environmental initiatives.

- The final training focused on digital marketing skills, emphasizing platforms like Facebook, Instagram, and TikTok. Participants learned about online identity management, social media strategies, analytics, and tools such as Google Analytics and Facebook Creator Studio. The training empowered them to use digital marketing to promote environmental initiatives, amplifying their impact within their communities.
- Second project meeting. We reflected on this year's achievements, including transnational exchanges in Croatia, Austria, Turkey, Serbia, and North Macedonia, while setting our sights on the year ahead. The upcoming focus will be on local initiatives and deeper engagement with young people.

Through the G.U.D. project, young people will soon have the opportunity to bring their own ideas to life and step into the roles of project leaders.



FROM ADVENTURE TO EMPLOYMENT

01/09/2024 - 31/10/2026

The FATE project is committed to addressing the self-development of NEET young people through adventure education activities with the aim of enhancing their employability or continuing their studies. The project will promote active citizenship and young people's sense of initiative through experimental learning. Project activities promote the inclusion and diversity and support the right of marginalized youths to be present in the natural spaces across Europe. We will implement experimental learning activities through adventure education on local & international levels. We will also implement individual coaching and peer group activities. The development of youth workers' skills will be supported through the training and workshops. We will also focus on dissemination of project activities, findings, and results. The project's activities include project management and evaluation. The project's activities include project management and evaluation. Results: What project results and other outcomes do you expect your project to have?

The expected results are:

- Young people's social, problem-solving, leadership, teamwork, and collaboration skills will increase;
- Young people's self-esteem will improve;
- Youth workers' knowledge/competences in the areas of adventure education will increase.
- Participants will recognize the impact of adventure education in the natural spaces in their mental health;
- Young people's readiness to study/work will improve;
- Cooperation among project partners will be strengthened.



Activities in 2024:

- Online meetings with the partners

On October 28th and 31st, our SFERA team members participated in the online Kick-Off Meeting for the Erasmus+ KA2 project FATE— From Adventure to Employment! These two days were packed with discussions about the project's implementation and management, setting us up for a smooth and exciting journey ahead!

- Preparation of the communication plan

Training of youth workers on adventure education in Finland from 10th to the 13th February

TSM in Finland, 13th February



During training and TSM in Finland from 15-23.12.2024, we took part in a transformative Transnational Strategic Meeting (TSM) as part of the FATE project. Hosted by **Humak**, the meeting focused on training youth workers in adventure education methods, fostering cooperation, and exchanging best practices among partner organizations.

We learned innovative adventure education techniques to support young people in exploring natural spaces across Europe. Youth workers gained hands-on experience and advanced their skills through workshops and interactive training sessions. Partner organizations strengthened their cooperation, ensuring a greater impact of the project across borders.

Funded by the European Union. Views and opinions expressed are, however, those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

ESC EUROPEAN SOLIDARITY CORPS



ART VOLUNTEER

Madeira, Portugal 01.06.2024 - 31.08.2024

Madeira, Portugal 01.06.2024 - 31.08.2024

In September, SFERA International sent a volunteer to be part of the project "Art Volunteer" in Madeira, Portugal, from September 1st, 2024, until November 30th, 2024.

During this project, our volunteers are involved in the following activities:

- Expand knowledge and understanding of digitalization in art and social events.
- Develop skills in social media management, blogging, and creating promotional materials for events.
- Support the art director with gallery operations, event planning, and exhibition coordination.
- Actively engage in facilitating youth-oriented projects such as workshops, seminars, and cultural events.
- Enhance visitor, artist, and participant experiences through effective engagement and interaction.
- Contribute fresh and creative ideas to foster innovation and growth within the team.
- Participate in and facilitate social projects, promoting cultural and social impact.

BUILDING AN INCLUSIVE SOCIETY

Zagreb, Croatia 16.09.2024-06.08.2025

Activity:

We have three main areas of work:

1. Social support—programs and projects for kids, youngsters, and families at risk (mostly local projects in cooperation with social welfare centers and schools).
2. Active and mobile youth—projects that aim to give opportunities to youngsters (especially ones with fewer opportunities) to improve and gain new skills and knowledge while promoting the mobility of young people.
3. Lifelong learning—education for experts and development of the education materials for experts in the youth field, psychosocial support field, teachers, etc.



VOLUNTEER ACTIVITY

Kretinga, Lithuania, March 2024

- Activities during the volunteering period will be organized in the institution, community groups, meetings, and social activities.
- Actively participate in daily activities and organized events; they will be assistants of youth with disabilities and social work trainees. Daily activities will consist of art groups—ceramics, arts, sewing, cooking, yard management, sports, physiotherapy, theater, alternative dance, discussions, games, creativity, and other activities.
- Help organize important events such as the Tolerance Day, the International Day for the Remembrance of People with Disabilities, the Christmas Day, the Valentine's Day, a celebration of friendship, city fairs, and celebrations or programs that will be prepared for youth with disabilities in other cities of Lithuania, in other social institutions.
- Responsible for preparing and delivering presentations about their culture at events and informal meetings with city schools. They will have all our support and help with the necessary assistance, materials, and communication with the representatives of the planned organizations where they will deliver their presentation.
- They will have the opportunity to share their own ideas, and with the support of the Day activity center staff, will be able to implement them.

VOLUNTEERING OPPORTUNITY IN GERMANY

Dresden Volunteering period: 01.05.2024-01.05.2025

The European Solidarity Corps is aimed at young people aged 18 to 30.

Description: Education with German and international youth groups

Tasks:

- Preparing the seminar house for groups as well as greeting them
- Preparing and conducting the seminars as team assistant
- Assistance in the ICE e.V. office
- Planning and conducting the city guide
- Carrying out one's own ideas in the planning and design of events
- Conducting own workshops and supporting the educational team
- Taking part in public relations of the ICE e.V. and international cooperation partners
- Excursions with volunteers, cultural visits to museums or cities, such as Berlin, Prague, or Leipzig

SPORT FOR A HEALTHY LIFE

01.12.2023-30.11.2024

The project aimed to carry out studies on various subjects for young people and children. The main theme of the project was sports, health, and the environment, with various activities organized around these topics. The project brought together 15 young volunteers for each team from five different countries to work as team volunteers.

The participating countries were Türkiye, Romania, Jordan, Italy, and North Macedonia, with three volunteers from each country.

Volunteering Teams:

- Group I: February 1 - March 12, 2024
- Group II: April 14 - May 24, 2024
- Group III: June 2 - July 12, 2024
- Group IV: July 21 - August 30, 2024
- Group V: September 8 - October 18, 2024

Objectives:

- To encourage young people who previously did not engage in sports to become active.
- To teach young people the importance of sports and physical activity by organizing training in different sports disciplines, promoting healthier lifestyles, and raising awareness about well-being.
- To make sports accessible to all, regardless of the background of underprivileged youth.
- To provide easier access to sports, physical activity, and healthy nutrition, with a special emphasis on inclusion and

non-discrimination, ensuring disadvantaged young people were reached.

- To equip young people with practical knowledge and skills for engaging in sports.
- To involve disadvantaged young people in decision-making processes alongside decision-makers, encouraging their active participation and self-expression.
- To showcase the social values of the European Solidarity Program through sports participation.

Volunteer Team Activities:

- Volleyball Course
- Event for Children with Cancer
- Healthy Food and Obesity Awareness Activities
- Outdoor Sports and Environmental Activities
- English Speaking Clubs
- Rafting Course
- Trekking Course
- Cycling Course
- Athletics Course
- Culture Days



A BLOOMING PLANT

01.10.2022-30.09.2025

The project "A Blooming Plant" aims to support young people with cancer by promoting healthy lifestyles, increasing awareness, and fostering solidarity. Through structured volunteering activities, complementary events, and advocacy efforts, the project has engaged volunteers, patients, families, and organizations in meaningful initiatives.

Throughout 2023 and 2024, the project was implemented through regular coordination and management meetings, ensuring effective planning, financial oversight, and visibility. Quarterly project meetings allowed partners to assess progress and adjust strategies as needed. Annual reports documented key milestones and outcomes.

Volunteering activities played a central role in the project, with four international volunteering teams involving 180 volunteers. These teams engaged with approximately 480 young cancer patients, 960 family members, and 60 local organizations. Volunteers conducted hospital and family visits, facilitated awareness sessions, and provided emotional and social support. Their efforts helped patients reintegrate into social life and maintain healthier lifestyles during and after treatment.

Volunteering teams: 13.09-12.10.2023, 30.09-29.10.2023, 12.08-11.09.2024 and 23.08-22.09.2024

A key highlight was the organization of two major events, the 10th and 11th International Oncology Days, held in October 2023 and September 2024. Each event gathered around 1,180 participants, including medical professionals, policymakers, cancer patients, and volunteers. Discussions focused on colorectal and digestive system cancers, obesity, and the importance of a healthy lifestyle. Sessions included knowledge-sharing on best practices in cancer education, survivor experiences, and policy advocacy.

To extend the project's reach, a digital platform was developed, connecting five project partners and 21 regional NGOs. The platform serves as a hub for sharing educational materials, personal stories, and best practices on healthy lifestyles for cancer patients. Two advocacy campaigns were launched, focusing on the role of sports and physical activity in recovery. These campaigns were amplified through 288 social media posts and 18 electronic bulletins, reaching thousands of individuals across the partner countries.

The project's dissemination strategy included a press conference in Turkey, attended by 15 journalists, as well as media articles published in each partner country. Advocacy efforts led to meetings with national and local authorities, where project findings were shared to influence future health policies.

The project was also presented as a best practice model in 14 European meetings. Volunteering at Children's Village

Graz, Austria, 01.07.2024–28.02.2025

In July, SFERA International sent a volunteer to be part of the volunteering project at Children's Village in Graz, Austria, from 01.07.2024 until 28.02.2025.

Volunteers engaged in various activities within the children's village to support and enhance the well-being of the children. These included:

- Educational Support: Assisting with homework, organizing tutoring sessions, and facilitating creative learning activities.
- Recreational Activities: Leading sports, arts and crafts, storytelling, and music sessions to encourage creativity and physical activity.
- Mentorship and Emotional Support: Building trust and providing guidance to children, helping to create a nurturing and supportive environment.
- Community Events: Organizing cultural celebrations, workshops, and group activities to foster a sense of community and inclusion.



ESC VOLUNTEERING PROJECTS

With this project we wanted to achieve a changed mindset, a more environmentally sustainable lifestyle for young people in North Macedonia. We wanted to educate them that all of our daily choices can contribute towards worsening or bettering the natural environment that we live in, so they can consciously start making the right choices for themselves and the environment. We want to have a young population that is educated about all the factors that influence the environment and enhance their motivation to stand up and fight for a healthier environment. This is linked with the issue in North Macedonia, which is the lack of awareness for protection of the environment, high levels of air pollution, and the general lack of knowledge in the fields of sustainability among young people, and what are the benefits for the nature and ourselves if we lead a sustainable lifestyle. We are witnesses of an increased number of landfills, pollution everywhere in our nature, in the national parks, on our streets, and an increased number of cars instead of green transport solutions, choosing to use firewood to heat the homes, which is contributing to the high air pollution in many cities all over the country. All of this proves that there is a general lack of knowledge about what



is causing pollution and this is why we would like to address this issue with providing educational workshops to young people and empower them to make the necessary changes in their life choices to contribute towards a cleaner and healthier natural environment in North Macedonia.

Terms:

01 October 2023–02 February 2024, Bitola, North Macedonia In this term we hosted one volunteer from Austria.

Topic:

- Green practices
- Environmental protection, sustainable development, and climate
- Outputs:
- Each week, one environmental activity
- Research paper on the textile industry in North Macedonia and its impact on the environment
- Research paper on What Do Bitola's Youth Think About Single-Use Plastic Coffee Stirrers?

DEMOCRACY, ADVOCACY, LEADERSHIP

3 November 2023–5 March 2024, Bitola, North Macedonia

We hosted two volunteers from Ohrid and Struga, North Macedonia.

Outputs:

- Research on Citizenship and Democracy in North Macedonia;
- Organized educational workshops and information campaigns for participation in democratic life and youth politics;
- Engaging in intercultural dialogue with the local community through different types of activities;
- Promoting volunteering and active citizenship by organizing various actions and activities with the local youth;
- Work with other local and international volunteers;
- Work on social media pages and the website of SFERA International;
- Work on Canva and create posters to promote their events;
- Promote European values and European citizenship;



VIRTUAL COMPONENTS AND/OR DIGITAL TECHNOLOGY, DIGITAL TRANSITION

The aim of this project was to empower young people to effectively transform their skills and preferences into employment. Through this objective we wanted to contribute towards lowering the youth unemployment rate in North Macedonia, which in the first half of 2020 (youth aged 15-24) was 33.8. (Source: <http://www.stat.gov.mk/>). We wanted to achieve this through implementing a series of workshops for skills and personal development for young people, including soft skills and technical skills, so they are more competitive on the labor market. This objective is linked to the challenge of the high unemployment rate in North Macedonia, and we believe that the NGO sector can contribute towards increasing the skills and competencies of youth to be competitive in a labor market on a local, regional, and national level. We believe that the non-formal education can be complementary to the formal education that the youngsters have already attended, no matter which level. Through the NGO sector, youngsters have the opportunity to gain soft skills (such as effective communication, teamwork, public speaking, leadership, flexibility, problem-solving, adaptability, etc.) that usually aren't gained through the traditional formal educational systems in our country.

Another element is the volunteering opportunities that NGOs offer, which are considered a crucial step for gaining the proper skills and attitudes that lead youth to employment.

Term:

1 October 2023-2 February 2024 - In this term we hosted one volunteer from Austria.

1 December 2023-31 March 2024 - In this term we hosted one volunteer from Turkey.

Topics:

- Virtual components and/or digital technology
- Digital transition
- Digital literacy

Outputs in the first term (1 October 2023-2 February 2024):

- A digital course about Illustrator
- Maintaining SFERA social platforms
- Creating designs
- Additional workshops on digital literacy
- Outputs in the second term (1 December 2023-31 March 2024):

- A digital course about e-commerce
- A digital course about Amazon
- Workshops about how to create a CV, LinkedIn profile, and profile on Upwork; online entrepreneurship

ESC VOLUNTEERS FROM TURKEY

Bitola, North Macedonia

The main goal of the project was to improve the knowledge of volunteers and students about environmental problems and how to deal with them. They learned about the problems in nature and how to deal with them. They developed creativity and the ability to create new things from already-used materials.

21 December 2023–15 February 2024 - In this term we hosted two volunteers from Turkey.

Activity:

The activities of the volunteers were divided into the following areas:

- Environmental protection
- Cultural differences
- Art as a tool for nonformal education
- Event management
- Creativity workshops

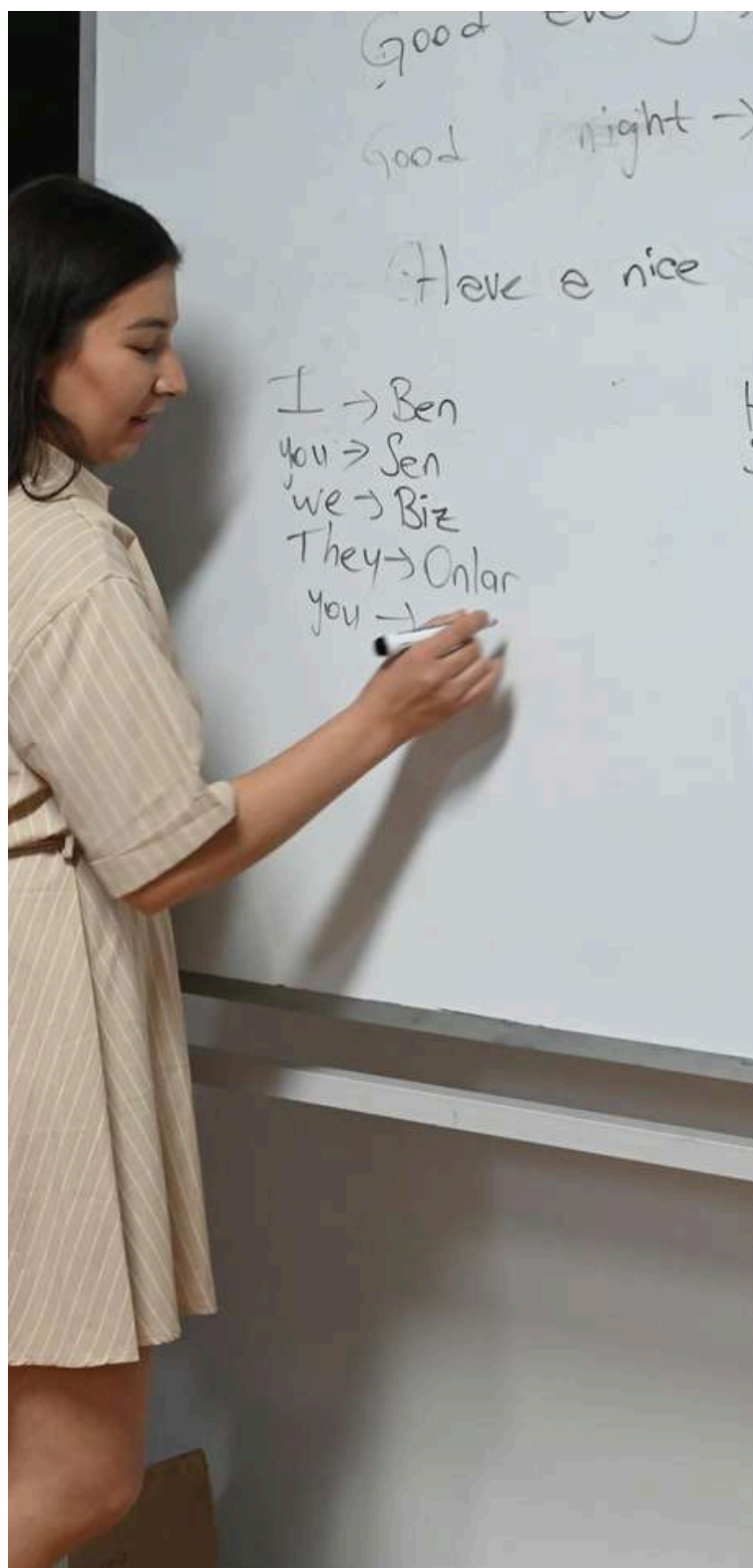
05.03.2024–29.04.2024: In this term we hosted three volunteers from Turkey.

Activity:

The activities of the volunteers were divided into the following areas:

- Environmental protection
- Cultural differences
- Art as a tool for nonformal education
- Event management
- Creativity workshops

20.06.2024–24.07.2024 - In this term we hosted three volunteers from Turkey.





The activities of the volunteers were divided into the following areas:

- Environmental protection
- Cultural differences
- Art as a tool for nonformal education
- Event management
- Creativity workshops

20/07/2024 - 17/09/2024 - In this term we hosted seven volunteers from Turkey.

The main goal of the project was to improve the knowledge of volunteers and students about environmental problems and how to deal with them. They learned about the problems in nature and how to deal with them. They developed creativity and the ability to create new things from already-used materials. Other than that, they have organized other activities in different fields.

18/09/2024 and end on 16/11/2024—On the same topic, we hosted another six volunteers.

Digital Transition and Active Citizenship

01.12.2024-31.08.2025 – In this term we hosted one volunteer.

Exciting 9- month project focused on Digital Transition and Active Participation.

The volunteer will collaborate closely with local

communities to:

Implement digital solutions

Empower active citizenship

Educate and empower residents with essential digital skills.

Design creative campaigns to promote digital literacy and other important subjects.

Creating digital content



ESC VOLUNTEERS FROM GERMANY

Bitola, North Macedonia

We hosted two volunteers from Germany through the organization Initiative Christen für Europa e.V.. Their activities focused on art, environmental awareness, upcycling, and recycling. They worked on creative projects that transformed waste materials into new, functional, and artistic items, promoting sustainability and responsible consumption.

Additionally, they engaged with the local community through workshops and hands-on activities, encouraging young people to explore artistic expression while learning about environmental protection. Their work also included awareness campaigns. Throughout their volunteering period, we remained open to their ideas, allowing them to initiate their own projects and bring fresh perspectives to our activities.

February 15, 2024, to August 31, 2024 – In this period we hosted two volunteers from Germany

Outputs of the project:

1. Held regular art club sessions, providing young participants with a creative space to explore various artistic techniques and express themselves through different mediums.
2. Conducted engaging theater classes, using performance and drama-based methods to develop participants' confidence, teamwork, and storytelling skills.
3. Organized weekly German language classes, creating an interactive and supportive learning environment to enhance language acquisition and cultural understanding.
4. Successfully implemented environmental activities, encouraging youth participation in sustainability initiatives and fostering awareness of ecological responsibility.
5. 3. Established a **clothing swap-and-share space** and a **period protection box** at the Youth Centre in Bitola, which remain in use and have been expanded to other youth centers.



ESC VOLUNTEERS FROM THE NETHERLANDS

Bitola, North Macedonia

We hosted one volunteer through organisation Eastpackers. With this project we aimed to cultivate a culture of sustainability and community engagement. Through workshops, events, and hands-on activities, we strived to raise environmental awareness, empower individuals, and foster a sense of collective responsibility towards our planet. With this activities, we were creating a greener, cleaner, and more interconnected community, where every action, no matter how small, contributes to a brighter future for generations to come.

01.02-03.07- In this term we hosted one volunteer from The Netherlands

Outputs of this project:

1. Conducted weekly **educational workshops on environmental protection** using non-formal methods to engage young participants and ensure a profound understanding of key topics.
2. Successfully implemented a **campaign to reduce plastic spoon usage** in local cafes.
3. Established a **clothing swap-and-share space** and a **period protection box** at the Youth Centre in Bitola, which remain in use and have been expanded to other youth centers.
4. Conducted **research and analysis on plastic usage** in Bitola.
5. Conducted **interviews with local residents** to gather insights and raise awareness about plastic reduction.
6. Organized **poetry nights**, enriching the organization's cultural activities and creating space for artistic expression.

Campaigns:

Campaign: "Don't Chew Plastic – Reduce Plastic Use"

June 25th

After months of preparation, we proudly launched our campaign, "Don't Chew Plastic– Reduce Plastic Use." This initiative aimed to promote sustainability in local cafes by eliminating plastic spoons and replacing them with eco-friendly metal alternatives. To kick off the campaign, we distributed metal spoons to three of the most popular youth-frequented cafes in Bitola—Jagoda, Vezilka, and Radost. These cafes enthusiastically embraced the initiative and took their first steps toward more sustainable practices.

This campaign exemplified our commitment to environmental sustainability and community engagement. By replacing plastic spoons with metal ones and starting meaningful conversations, we took tangible steps toward a greener future.

We hosted a volunteer from Greece for two weeks during the summer with aim to create opportunities for cultural exchange and shared learning. Although she was not part of any specific program, she actively contributed to our activities by organizing an intercultural event that fostered cultural exchange and connection among participants. Additionally, she led an astrophysics workshop, sparking curiosity and discussion about space and science among young attendees.



INTERNSHIP

Internship through the Youth Hub project

The "YouthHub: Building Employment Skills, Competencies, and Networking Opportunities for Youth" project is implemented by the National Youth Council of Macedonia and the Youth Group. The project is financed by the British Embassy in Skopje and supported by the President of the Republic of North Macedonia, aiming to contribute to the professional development and economic independence of youth through a sustainable system for building skills and competencies tailored to the needs of the labor market. Through this project, we had four interns: Sara Mitrovska and Mihaela Ogdenovska, who were mostly focused on working with design and social media.

The project achieved this goal through three components:

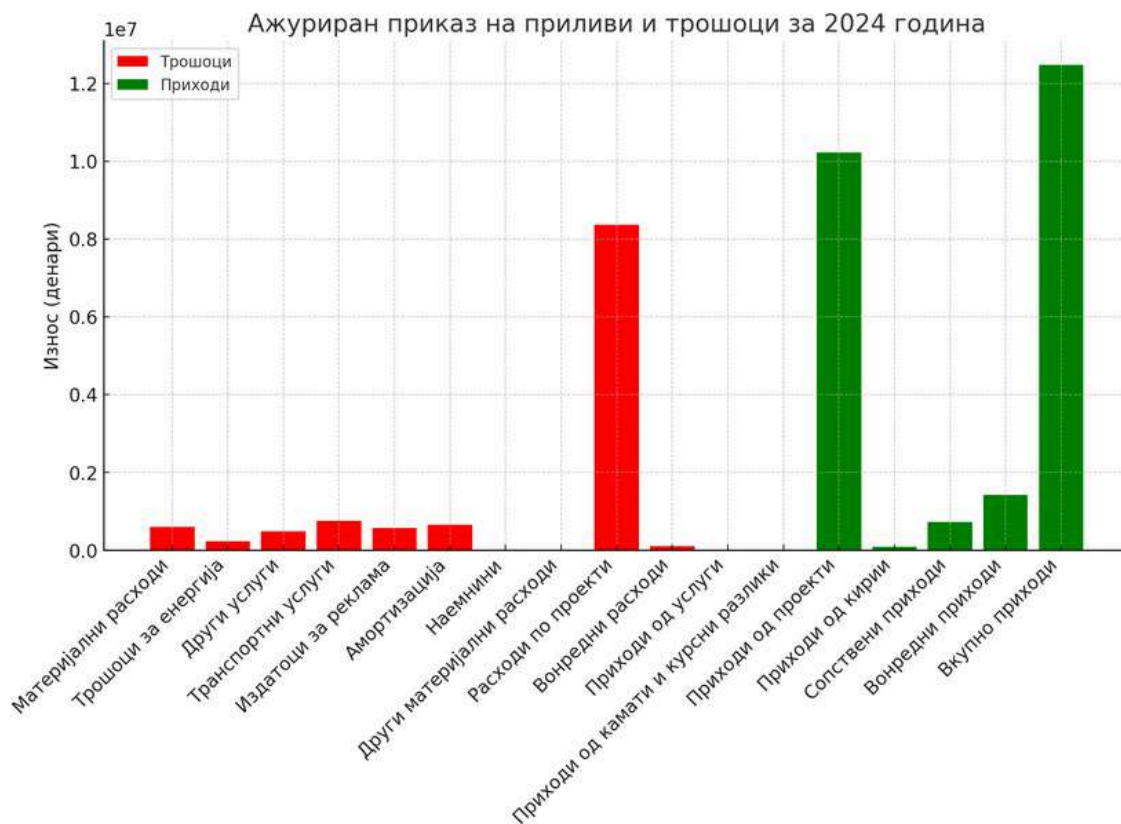
- Building practical skills in youth that will help them find suitable employment;
- Creating opportunities for connecting youth with employers and
- Providing support for youth to enter the labour market and opportunities for their personal and professional development.

"Empowering people of Pelagonija"

The "Youth Empowerment in Pelagonia 2" project will impart knowledge to young people through innovative open-air workshops, public debates without prejudice, simulations of Council sessions, trainings and trainings on personal development topics held by domestic and foreign experts. Most young people will participate for the first time in a project outside the classrooms or lecture halls in regular education because in smaller and rural municipalities there is almost no informal education and activities for the development of young people. In addition, with the project, 14 young people get a chance for paid internships in the public and business sectors as well as in civic organizations.

The "Empowering People of Pelagonija" project is realized by the organization Pro Local and financed by the embassy of the Kingdom of the Netherlands and municipalities in the region of Pelagonija in the Republic of North Macedonia. Within the framework of the project, there were internship opportunities with different NGOs, including SFERA International. During this project, we had one intern, Andrej Naumovski, who had the invaluable opportunity to develop a diverse range of skills within our organization.

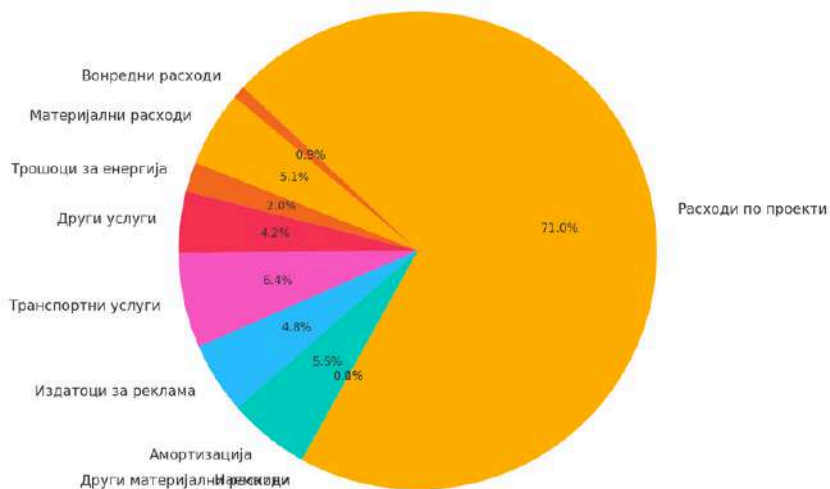
ANNUAL BUDGET



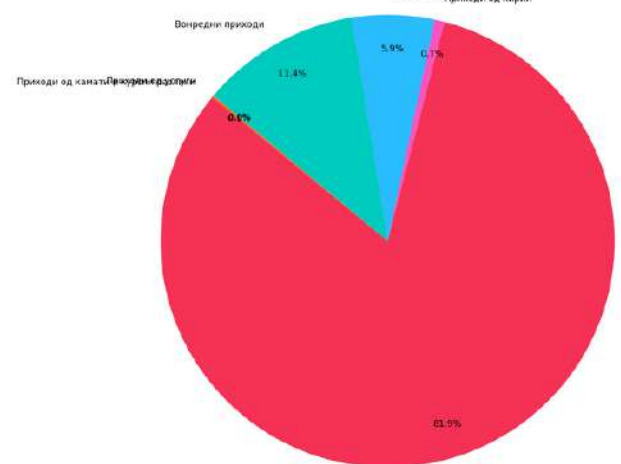
INCOME

EXPENDITURE

Структура на трошоци за 2024 година



Структура на приходи за 2024 година





CONTACT US

SFERA International



+389 74 245 154



SFERA International



sferainternational.org



SFERA office: Krushevo 5,
7000, Bitola



S F E R A
INTERNATIONAL